

USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional.

† Under license from Chr. Hansen A/S and protected by Chr. Hansen A/S patents of the WO 0035465 patent family, and others. **Keep out of the reach of children. • Keep refrigerated. Free of major allergens. • Suitable for vegetarians/vegans.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: Best Used Before:



0531BFEM
PROD # 103005

**Jarrow
FORMULAS®**

VAGINAL/URINARY
TRACT HEALTH*

**women's
fem
dophilus®**

ORAL PROBIOTIC
SUPPLEMENT



30
VEGGIE CAPS

Supplement Facts

Serving Size 1 Capsule	Amount Per Serving	% DV
Servings Per Container 30		
Total Probiotic Blend	5 Billion Viable Cells	††
Composed of the following strains:		
Lactobacillus rhamnosus, GR-1®		
Lactobacillus reuteri, RC-14®		
†† Daily Value not established.		

Other Ingredients: Maltodextrin (non-GMO source), cellulose, magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide. No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Distributed Exclusively by:
Jarrow Formulas®
Superior Nutrition and Formulation®
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

STRAINS MATTER™

Jarrow Formulas® Probiotics Contain
Clinically Documented Strains

GR-1®/RC-14® and VAGINAL FLORA (also called microbiota)

In one of the randomized clinical trials, 75% of women in the GR-1®/RC-14® probiotic group experienced significant improvement in vaginal flora composition, while only 34% of women in the placebo (non-probiotic) group experienced similar improvement.



Martinez, et al. Can J Microbiol 2009;55:133-138

25+ YEARS OF GR-1®/RC-14® RESEARCH/CLINICAL STUDIES



USAGE: For maintenance, take 1 capsule orally per day, preferably with a meal and a glass of water, and increase to 2 capsules per day as needed or take as directed by your qualified healthcare professional. If your healthcare professional recommends taking this product in conjunction with antibiotics, take at least 1-2 hours after taking the medication.

Fem-Dophilus® contains two patented and clinically documented probiotic strains, *Lactobacillus rhamnosus*, GR-1® and *Lactobacillus reuteri*, RC-14®, discovered and developed by Dr. Gregor Reid and Dr. Andrew Bruce at Urex Biotech. Over 25 years of research supports the oral use of GR-1® and RC-14® to colonize and promote vaginal and urinary tract health.* A special manufacturing process protects the probiotic strains in **Fem-Dophilus®** from stomach acid and enhances probiotic bacterial survival to the lower intestine.*

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VAGINAL/URINARY TRACT HEALTH*

25+ YEARS OF
RESEARCH/CLINICAL STUDIES**

PATENTED STRAINS

LACTOBACILLUS RHAMNOSUS, GR-1®
and **LACTOBACILLUS REUTERI, RC-14®**

30
VEGGIE CAPS

ORAL PROBIOTIC SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule	Amount Per Serving	% DV
Servings Per Container 30		
Total Probiotic Blend	5 Billion Viable Cells (Minimum)§	††
Composed of the following strains:		
Lactobacillus rhamnosus, GR-1®		
Lactobacillus reuteri, RC-14®		
§ Minimum 5 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.		
†† Daily Value not established.		

Other Ingredients: Maltodextrin (non-GMO source), cellulose, magnesium stearate (vegetable source). Capsule consists of hydroxypropylmethylcellulose and titanium dioxide. No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts. Keep refrigerated. Free of major allergens. Suitable for vegetarians/vegans.

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