

alcohol-free

LEMON BALM

NERVOUS SYSTEM

Calming*



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)



SUGGESTED USE

SHAKE WELL BEFORE USING

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

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Lemon Balm Glycerite

Support for a Calm Mind & Mild, Occasional Anxiety*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
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Lemon Balm herb (<i>Melissa officinalis</i>) [Ⓢ] extract 817 mg [Ⓢ]	†
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† Daily Value not established

Other Ingredients: certified organic vegetable glycerin & distilled water. **Gluten-Free**

Ⓢ Certified Organic

Ⓢ Extraction rate 233 mg herb per 0.7 ml.

CONTAINS NO ALCOHOL

Dry herb / menstruum ratio: 1 : 3

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.