

Rugby®

NEW
Formula

NATURAL
IRON SUPPLEMENT

**Ferrous
Sulfate**
5 gr (325 mg)
100 TABLETS

TAMPER RESISTANT - DO NOT USE IF IMPRINTED
SAFETY SEAL UNDER CAP IS BROKEN OR MISSING

DIRECTIONS: Adults only: One tablet daily, preferably with
a meal.

Supplement Facts

Serving Size 1 Tablet

Amount per tablet	% Daily Value
Iron (from 325 mg. of Ferrous Sulfate) 65 mg	361%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, crospovidone, hypromellose, sodium lauryl sulfate, stearic acid, polydextrose, FD&C red #40 lake, talc, silica, triglycerides, titanium dioxide, polyethylene glycol, mineral oil and FD&C blue #2 lake.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Distributed by: Rugby Laboratories
17177 N Laurel Park Drive, Suite 233, Livonia, MI 48152

Questions or comments?

1-800-645-2158

www.rugbylaboratories.com

Re-order No. 370302

Rev. 11/17 R-29



Lot / Exp. Date:

12288-11-17

PEEL HERE

To preserve quality and freshness, keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

WARNINGS: Do not exceed recommended dosage. The treatment of any anemic condition should be under the advice and supervision of a doctor. Occasional gastrointestinal discomfort (such as nausea) may be minimized by taking with meals. Iron-containing medication may occasionally cause constipation or diarrhea.

Free of sugar, starch, gluten, sodium, yeast, preservatives, animal by-products, artificial flavors.

DRUG INTERACTION PRECAUTION: Since oral iron products interfere with absorption of oral tetracycline antibiotics, these products should not be taken within two hours of each other.