

## OUR ECO COMMITMENTS



Long before we started ECOTEAS, we were organic gardeners. For us, organic comes first.



As three best friends working in partnership with small farmers around the world, Fair Trade is just part of who we are.



Our love of nature runs deep. Planting native trees is a small gift back to the world.



This box is made from 100% post-consumer recycled paperboard. The "eco-wrappers" that seal each tagless teabag are made from renewable non-GMO wood pulp.



We offset our office electricity usage with green energy from the Bonneville Environmental Foundation (BEF).

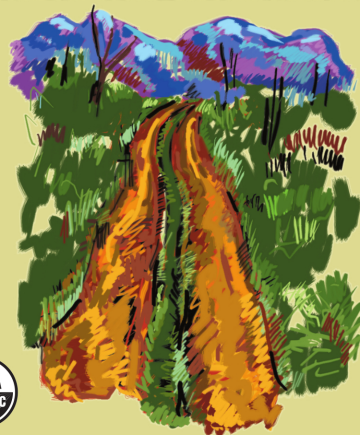


For every eight ounces of water used to brew our tea, we work with BEF to restore eight ounces of water to the Klamath River Watershed in southern Oregon.

**Learn more at [yerbamate.com](http://yerbamate.com)**



## YERBA MATE UNSMOKED



## GREEN ENERGY

*Naturally Caffeinated Herbal Supplement*

**ZERO WASTE PACKAGING**

24 Tea Bags

Net Wt 1.7 oz (48 g)

## Supplement Facts

Serving Size 1 tea bag (2 g/ makes 8 fl oz prepared)  
Servings Per Container 24

|                          | Amount Per Serving | % DV* |
|--------------------------|--------------------|-------|
| Calories                 | 5                  |       |
| Organic Yerba Mate Leaf* | 2 g                | †     |
| Caffeine                 | 20 mg              | †     |
| Theobromine              | 2.4 mg             | †     |

\* Percent daily values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

**Ingredients: 100% Organic Yerba Mate Leaf**

Distributed by Mate Revolution Inc.  
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Certified Organic by Oregon Tilth (OTCO)

**GLUTEN FREE**

## Yerba Mate Preparation

### Hot:

To release the full flavor and benefits of yerba mate, steep one tea bag in 8 oz of 170°F water for 5 minutes.

### Iced:

Brew hot tea at double strength, then add ice.

### Special Instructions:

Moisten herb with cool water before brewing.  
Don't use boiling water.  
Add another tea bag with each re-pour.

Front illustration by Ketzia Schoneberg, www.ketzia.com  
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**WWW.YERBAMATE.COM**



## YERBA MATE UNSMOKED

Yerba mate tea is brewed from the leaves of a holly tree native to the rainforests of South America. ECOTEAS yerba mate is dried with warm air instead of smoke for a clean, smooth taste.

### A SUSTAINED ENERGY TEA SUPPLEMENT\*

- Enhances physical energy\*
- Stimulates mental clarity\*
- Supports weight loss regimens that include a balanced diet and exercise\*
- Elevates mood\*
- Aids elimination\*

## ANTIOXIDANT POWER

When brewed as directed, this tea provides an ORAC value of 3,300 μmolTE/240mL, which is 1.5 times stronger than a typical cup of green tea.

*Naturally Caffeinated Herbal Supplement*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



## ZERO WASTE PACKAGING

This carton is made from 100% post-consumer recycled paperboard. Please recycle it again.

**NO STRINGS  
ATTACHED:  
New Tagless  
ECO Tea Bags!**

Best Before:



For more info about our award-winning packaging, scan here or visit [www.yerbamate.com/packaging](http://www.yerbamate.com/packaging)

