

Rugby[®]

EXTENDED RELEASE
Niacin
500 mg
DIETARY SUPPLEMENT

100 CAPSULES

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED
FOIL SEAL UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults only: One capsule daily as a dietary supplement.
Do not take more than this amount unless directed by a physician.

Supplement Facts

Serving Size 1 Capsule

Amount per capsule	% Daily Value
Niacin (as Nicotinic Acid) 500 mg	2500%

Other ingredients: Shellac, gelatin, sugar, talc, corn starch, titanium dioxide and FD&C blue #1.

Free of: sodium, preservatives, milk products, gluten, artificial flavors.

CAUTION: Niacin may cause temporary flushing, itching and tingling, feelings of warmth and headache, particularly when beginning, increasing dose, or changing brand of niacin. These effects seldom require discontinuing niacin use. Skin rash, upset stomach, and low blood pressure when standing are less common symptoms; if they persist, contact a physician.

WARNINGS: Do not use this product if you have a known sensitivity or allergy to niacin. Use only under the advice and supervision of a physician if you:

- have heart disease, recurrent chest pain (angina), or recently suffered a heart attack,
- are taking high blood pressure or cholesterol lowering drugs (because of possible drug interactions),
- have any of the following conditions: gallbladder disease, gout, arterial bleeding, diabetes, impaired liver function, peptic ulcer, or are a pregnant or lactating woman.

To preserve quality and freshness, keep bottle tightly closed.
Store at 20°-25° C (68°-77° F).

KEEP OUT OF REACH OF CHILDREN

Rev. 06/17

R-14

Re-order No. 370199

Control No.:

Exp. Date:



**Varnish
Omit Area**

Questions or comments? 1-800-645-2158
www.rugbylaboratories.com

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