

Suggested Use: Take one (1) or two (2) capsules 20 minutes before bed or as recommended by a health care professional.

Uso sugerido: Tomar una (1) o dos (2) cápsulas 20 minutos antes de acostarse o como sea recomendado por un profesional del cuidado de la salud.

Description: Bio Nutrition's Sleep Wellness is a synergistic blend of wild crafted herbal extracts, amino acids and melatonin designed to promote relaxation and to support a restful night's sleep.*

Descripción: Bio Nutrition's Sleep Wellness es una combinación sinérgica de extractos cultivados, hierbas, amino ácidos y Melatonina designado para el soporte de la relajación y el sueño.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



RECYCLE



Made in
USA



Bio
NUTRITION

Sleep Wellness

with
Wild Lettuce extract

60 Vegetarian Capsules
Dietary Supplement

Supplement Facts

Serving Size: One (1) vegetarian capsule
Each serving supply:

Amount Per Serving	%Daily Value
Wild Lettuce extract	300 mg **
Valerian root extract (Valeriana officinalis)	250 mg **
GABA (Gamma-aminobutyric acid)	50 mg **
L-Theanine	20 mg **
5 HTP (5-Hydroxytryptophan)	20 mg **
Melatonin	2 mg **

**Daily value not established
% Daily value based on 2,000 calorie diet

Additional ingredients: Vegetable Stearate, Vegetable Cellulose and Silica

**Free of gluten, yeast, corn, sugar,
salt, wheat, soy, artificial
ingredients and preservatives**

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