

Recommended Use:

Take four (4) tablets daily.

If you are allergic to any of these ingredients, or are pregnant or nursing, consult a physician before taking this or any other dietary supplement. **Keep out of reach of children.** Store in a dry place at room temperature.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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#1569

MEGA DAILY 4[®] for men

Foundation of Overall Health*

Dietary Supplement
Suplemento dietario
120 tablets | 120 comprimidos

Supplement Facts

Serving Size: 4 Tablets
Servings per Container: 30

Amount per Serving	% DV	Amount per Serving	% DV
Vitamin A (Beta Carotene)	5000IU 100%	Manganese (Citrate)	2mg 100%
Vitamin C (ascorbic acid, ascorbyl palmitate, calcium ascorbate, potassium ascorbate, magnesium ascorbate, zinc ascorbate)	318mg 530%	Chromium (Chelate)	180mcg 150%
Vitamin D (Cholecalciferol)	400IU 100%	Lutein	750mcg *
Vitamin E (Mixed Tocopherols)	50IU 167%	Lycopene	1mg *
Vitamin K (MenaQ7 [™])	80mcg 100%	Prostate Blend	612mg
Thiamin	5mg 333%	Turmeric Powder, Bromelain 80 Gdu/120 mcg,	
Riboflavin	15mg 882%	Cranberry 4:1 Extract, Quercetin, Alpha Lipoic Acid, Pygeum Extract (15% phytoestrogens),	
Niacinamide	75mg 375%	Saw Palmetto 25% Extract	*
Vitamin B6 (Pyridoxine)	20mg 1000%	Organic Vegetable Blend	427mg
Folic Acid	500mcg 125%	Alfalfa, Spinach, Barley, Parsley	*
Vitamin B12 (Methylcobalamin)	50mcg 833%	Energy Blend	245mg
Biotin	300mcg 100%	Green Tea SH 50% Polyphenols (8- 12% Caffeine),	
Pantothenic Acid	20mg 200%	L-Taurine, Glycine, Asian Ginseng SH 80%	*
Calcium (Carbonate, Ascorbate)	800mg 80%	Cholesterol Blend	27mg
Iodine (Kelp)	150mcg 100%	Garlic 12,000 mcg Allicin Per Gm, Glutathione,	
Magnesium (Oxide, Citrate, Ascorbate)	100mg 25%	Grape Seed Extract 95% Proanthocyanidins	*
Zinc (Oxide, Ascorbate)	50mg 333%		
Selenium (Sodium)	200mcg 286%		
Copper (Citrate)	2mg 100%		

*Daily Value not established.

Other Ingredients: Calcium carbonate, cellulose, stearic acid, magnesium stearate and carboxer homopolymer.