

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.
KEEP OUT OF REACH OF CHILDREN.
Do not store in direct sunlight. Store in a cool, dry place.

THE GOAL OF MAX NITRIC OXIDE RUSH (NOR) FORMULA is to provide specific substrates that have the ability to increase blood flow and provide other valuable ingredients to muscles in order to maximize the training response leading to greater gains in strength, size and/or performance.†

RATIONALE: The base proprietary blend contains compounds that work in a complementary way to increase blood flow (vasodilation). The greater blood flow to skeletal muscle would theoretically increase the delivery of oxygen, energy and rebuilding nutrients, while hastening the removal of waste products. In turn, this may lead to a potential strength improvement, less muscle breakdown and greater net protein synthesis especially if combined with an appropriate "dose and timed" delivery of specific amino acids (Anabolic Amino Rush-AAR). Complementary ingredients are known muscle and energy enhancers (e.g., creatine and caffeine).†

MIXING INSTRUCTIONS: Mix the suggested amount of NOR based on your body weight from the chart below with 8-12 oz. cold water or juice and shake vigorously for 30 seconds. Take 30-40 minutes before a workout. You may vary the amount of water or juice to achieve your desired flavor and sweetness level. NOR may also be used in conjunction with AAR to optimize results.

DOSAGE ACCORDING TO WEIGHT:			
<100 LB take 1 scoop	101-149 LB take 1½ scoops	150-199 LB take 2 scoops	200+ LB take 2½ scoops

- ▶ NOR is only necessary on workout days if you are using other products containing creatine; otherwise use half the recommended dose on non-training days.
- ▶ Caffeine-sensitive individuals may wish to reduce the dose or avoid the product entirely.
- ▶ Do not exceed 2½ scoops per day (primarily based on caffeine content).

WARNING: Consult your physician before using this product if you are taking any prescription or over-the-counter drugs or other dietary supplements. Not intended for use by persons under the age of 18 or women who are pregnant or nursing. Do not use this product if you have, are at risk of having, or have a family history of heart, kidney, thyroid or psychiatric disease, high blood pressure or stroke, depression, anxiety or seizure disorders. Two scoops of this product contain approximately as much caffeine as a cup of coffee. Individuals with caffeine sensitivity may wish to avoid this product. Do not exceed the recommended serving size. Too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. Individual metabolisms may respond differently to the variety and amount of each ingredient in this product. Discontinue use and consult your physician if you experience any adverse reaction to this product.

Contents may settle during shipping and handling. Some ingredients in NITRIC OXIDE RUSH (NOR) are hydroscopic and may clump during shipment. This does not affect the efficacy of the product – simply shake the container vigorously prior to each use.

This package is sold by weight, not volume.



† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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FRUIT RUSH NATURALLY AND ARTIFICIALLY FLAVORED



MAX

NITRIC OXIDE RUSH

Pre-Workout Formula

- ▶ Enhances strength and the muscle pump†
- ▶ Improves workout focus and training capacity†

DIETARY SUPPLEMENT

NET WT 860g (1 LB, 14.3 OZ)

FEATURES AND BENEFITS

This product may:

- ▶ **promote vasodilation**
(increased blood flow – the pump)
rapid movement of nutrients in and waste products out of muscles†
- ▶ **promote muscle force production**
better, stronger workouts†
- ▶ **promote recovery**
anti-catabolic – decreasing stresses from exercise†
- ▶ **enhance nitric oxide (NO) production**
to help feel the muscle pump†
- ▶ **enhance nutrient delivery to muscle†**
- ▶ **reduce lactic acid levels†**
- ▶ **improve workout focus and training capacity†**

MAX NITRIC OXIDE RUSH (NOR)

combined with intense training allows the user to create a positive anabolic (muscle-building) physiologic environment offering the athlete the ability to maximize training-induced strength/performance and size gains.†

SUPPLEMENT FACTS

Serving Size: 21.5g (1 scoop) • Servings Per Container: 40

Amount Per Serving		% DV**
Calories	40	
Total Carbohydrates	8 gm	3%
Sugars	2 gm	*
Vitamin C (Ascorbic acid)	250 mg	416%
Vitamin B6 (Pyridoxine HCl)	25 mg	1250%
Vitamin B12 (Cyanocobalamin)	120 mcg	2000%
Magnesium	40 mg	10%
Calcium	190 mg	19%
Phosphorus	150 mg	15%
Sodium	120 mg	5%
Nitric Oxide Rush Proprietary Blend	9100 mg	*
Creatine Monohydrate		*
Beta-Alanine		*
L-Taurine		*
L-Arginine		*
Glycerol		*
Guanidino Propionic Acid		*
Glucuronolactone	400 mg	*
Caffeine	150 mg	*

**Percent Daily Values are based on a 2,000-calorie diet.
*Daily value not established.

Other Ingredients: Maltodextrin, Dextrose, Natural/Artificial Flavors, Malic Acid, Citric Acid, TriCalcium Phosphate, Sodium Citrate, Sucralose, Magnesium Oxide, FD&C Red 40.