

### FEATURES AND BENEFITS

- Max Glutamine contributes to cell volume†
- May aid with recovery by preventing muscles from having to release their glutamine†

# L-GLUTAMINE POWDER

## Pre-Workout Formula

- Supports muscle growth and recovery†
- Contributes to cell volume†

### SUPPLEMENT FACTS

Serving Size: 1 Level Scoop (5 g)  
Servings Per Container: 60

| Amount Per Serving |                | % Daily Value |
|--------------------|----------------|---------------|
| Calories           | 20             |               |
| L-Glutamine        | 5,000 mg (5 g) | *             |

\*Daily value not established.

**Suggested Use:** For adults, mix 1 level scoop (5 g) into 4-8 oz. of water or your favorite beverage one to two times daily. Take one hour before a workout.

**DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN. DO NOT REFRIGERATE.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**apex**

GUARANTEED  
QUALITY  
Laboratory Tested

DIETARY SUPPLEMENT

NET WT 10.6 oz (300 g)