



THE SIMPLY RIGHT™ PROMISE

Simply Right is dedicated to providing healthful, gentle, and safe personal care products for the entire family. We continuously strive to be your trusted partner in wellness and exceed your expectations. We would like to hear from you with any comments or suggestions. In the continental US or Canada, you can call us toll-free at 1-888-698-5034, Monday through Friday, from 8:30 am to 5 pm EST. Or you can send us an email at samsclub.com.



Mediterranean
Diet formula

SIMPLY RIGHT™ 
Wellness & Nutrition

omega 3-6-9 plus

new 35% smaller softgel | new color

Cardiovascular Antioxidants*

New Mediterranean Diet formula with Resveratrol & Extra Virgin Olive Oil

25% more EPA & DHA per serving

May reduce the risk of coronary heart disease†

300 SOFTGELS
Dietary Supplement



actual size

Supplement Facts

Serving Size 2 Softgels

Servings per Container 150

Amount Per Serving	% Daily Value
Omega-3, 6, 9 Blend 637 mg (Fish Oil, Flaxseed Oil, Borage Seed Oil)	**
Total Omega-3 Fatty Acids 605 mg	
Alpha Linolenic Acid 55 mg	
Eicosapentaenoic Acid (EPA)‡ 330 mg	
Docosahexaenoic Acid (DHA)‡ 220 mg	
Total Omega-6 Fatty Acids 75 mg	
Gamma Linolenic Acid (GLA) 5 mg	
Linoleic Acid 70 mg	
Total Omega-9 Fatty Acids 90 mg	
Oleic Acid 90 mg	
Resveratrol Complex 100 mg (Grapeseed Extract [<i>Vitis vinifera</i>] & Japanese Knotweed [<i>Polygonum cuspidatum</i>] standardized for 35.5% [35.5 mg] resveratrol & 27% [27 mg] polyphenols)	**
Extra Virgin Olive Oil 50 mg	**
Olive Leaf Extract (<i>Olea europaea</i>) 50 mg standardized for 30% (15 mg) polyphenols	**
Lycopene 5 mg	**
** Daily Value not established.	
‡ As Ethyl Esters	

INGREDIENTS: Fish Oil, Gelatin (non-porcine), Glycerin, Yellow Beeswax, Purified Water USP, Resveratrol Complex (Grapeseed Extract & Japanese Knotweed), Flaxseed Oil, Extra Virgin Olive Oil, Olive Leaf Extract, Soybean Oil, Lycopene, Borage Seed Oil, Caramel Color, Lecithin, Annatto, Titanium Dioxide. **Contains: Fish (anchovy, herring, jack mackerel, mackerel, sardine), and Soy.**

Directions: Adults - Take one softgel twice daily with food as a dietary supplement.

Keep out of the reach of children.

Store at 15° - 30°C (59° - 86°F).

WARNING: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

NUTRITION INFORMATION:

In the *Simply Right Omega 3-6-9 Plus*, the "plus" is in the increase in the total EPA and DHA (Omega 3 fatty acids) and the added all-natural botanical antioxidants commonly found in the well-known healthy Mediterranean diet.*

Simply Right enhanced the traditional Omega 3-6-9 formula with Extra Virgin Olive Oil, olive leaf extract and resveratrol, natural ingredients loaded with polyphenols, important antioxidants known to come from fresh grapes and red wine, then added lycopene found in fresh tomatoes.*

What makes *Omega 3-6-9 Plus* even better is the balance of the Omega 3, 6 and 9. The average American diet is lacking in EPA and DHA, which are essential for heart and overall health. At the same time, Americans are consuming unhealthy levels of Omega 6 from fried foods and fast food. *Omega 3-6-9 Plus* increased the EPA and DHA by 25%, reduced the amount of Omega 6 fatty acids and introduced cold-pressed Extra Virgin Olive Oil, a naturally heart healthy source of Omega 9 fatty acids and polyphenols. By incorporating the antioxidants found in the known healthy Mediterranean diet, the *Simply Right Omega 3-6-9 Plus* balanced formula enhances the average American diet.*

†Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 Fatty Acids may reduce the risk of coronary heart disease.

SAFETY SEALED. DO NOT USE IF PRINTED SEAL UNDER CAP IS CUT, TORN, OR MISSING.

NO GLUTEN • NO TRANS FAT • NO YEAST
NO ARTIFICIAL COLOR OR FLAVOR • NO STARCH
NO PRESERVATIVES ADDED • NO SUCROSE
NO LACTOSE • NO CHEMICAL SOLVENTS

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by:
SAM'S West Inc.
Bentonville, AR 72716

FRESHNESS & POTENCY GUARANTEED THROUGHOUT.

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