Recommendation:

Take 1 capsule daily. May be taken at any time, with or without food. If pregnant, nursing, or taking any medications, consult a healthcare professional before

Supplement Facts

Serving Size 1 Capsule

Amount per Serving Fortify™ Ontima® 50 billion CFU proprietary blend

Bifidobacteria HDS Probiotics B. lactis HDS (BI-04") B. infantis HDS (Bi-26)

B. lactis HDS (Bi-07") B. lactis/bifidum HDS (Bb-02) Lactobacilli HDS Probiotics L. acidophilus HDS (La-14)

L acidophilus HDS (NCFM*) L. gasseri HDS (Lg-36)

"Daily Value (DV) not established bifidobacteria Other ingredients: cellulose, plant-derived in the colon* capsule (hypromellose, gellan gum),

magnesium stearate, silica ©2018 Distributed by: Nature's Way Brands, LLC

Green Bay, WI 54311 USA Questions? 1-800-9NATURE / naturesway.com

GLUTEN & DAIRY FREE

No artificial colors or preservatives

SHELF STABLE - NO REFRIGERATION

50 billion CFU potency guaranteed until expiration date when stored in a dry place at 73°F (23°C) or below Keep out of reach of children, Safety sealed in blister units. Do not use if individual blisters are open or torn.

8 Probiotic Strains for Colon Health*

50 billion active probiotics with researched strains NCFM®, BI-04® and Bi-07®

Higher bifidobacteria ratio (30 billion CFU) to support colon health*

Bifidobacteria in the colon tends to decline with age



Fortify™ Optima® Adult 50+ helps replenish



Digestive Balance & Immunity*

Protects against occasional bloating, constipation and digestive discomfort.* Plus supports healthy immune function*

[‡]As compared to Fortify's Optima® Disestive

Bi-Q4® and Bi-Q7® are trademarks of DuPont In the USA, NCFM® is a trademark of the North Carolina Agriculture Foundation, Inc. NCFM®.

*THESE STATEMENTS HAVE NOT REEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

100% HDS Probiotics[™]

Unique Human **Digestive Strains**

Originated from human microflora

Compatible with your digestive system

Not from plant. soil, animal or dairy sources



NO REFRIGERATION • GLUTEN/DAIRY FREE

ptima

50 Billion Live probiotic cultures per capsule

Adult 50+

Higher Bifidobacteria Ratio for Colon Health*

30 Delayed Release Vegetarian Capsules PROBIOTIC SUPPLEMENT with Researched Strains

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE,

Delayed Release Vegetarian Capsules Made to resist

stomach acid and help deliver active probiotics to the intestine



