## SUPPLEMENT FACTS

Serving Size: 1 Tablet Servings Per Container: 90

## Amount Per Serving

BCAA	1 Tablet	5 Tablets
L-Leucine	450mg*	2250mg*
L-Isoleucine	50mg*	250mg*
L-Valine	100mg*	500mg*
	600mg*	3000mg*

\*Daily value not established.

Other Ingredients: Dicalcium Phosphate,
Stearic Acid, Croscarmellose Sodium, Povidone,
Magnesium Stearate, Silica, Hydroxypropyl
Methylcellulose, Titanium Dioxide, Triacetin, Talc.

Suggested Use: Take 1 tablet with 8 oz. of water for every 30 pounds of lean body mass, before exercise.

Does not contain sugar, salt, starch, yeast, artificial coloring, flavoring or preservatives.



## DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN. DO NOT REFRIGERATE

Studies have shown branched chain amino acids to be effective in curbing muscle degradation during intense exercise. This formula may help delay fatigue during strenuous activity. Leucine is a potent metabolic regulator in protein synthesis. The high ratio of leucine to isoleucine and valine is what makes this formula unique. This product contains 100 percent free-form branched chain amino acids.

- Max BCAA helps the body retain amino acids i
- Branched chain amino acids build proteins i
- Exclusive delivery system for more effective absorption 116316 EXP.01/2014
- These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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