

Suggested Use: Take one (1) 10,000 mcg tablet daily with a meal. Easy snap tablet may be split into two (2) 5,000 mcg servings or as directed by a healthcare professional.

Uso sugerido: Tomar una (1) pastilla de 10,000 mcg al día con la comida. La pastilla fácil de partir a presión se puede dividir en dos (2) porciones 5,000 mcg o como lo indique un profesional de la salud.

Description: Biotin (Vitamin H) may help support healthy hair and nails.* May also help support healthy carbohydrate, fat and protein metabolism.*

Descripción: Biotin (Vitamina H) puede ayudar a mantener el cabello y las uñas sanas.* También puede ayudar a mantener saludable de hidratos de carbono, grasa y metabolismo de las proteínas.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Bio
NUTRITION

Biotin

10,000 mcg

(Easy Snap 5mg & 5mg)

60 Snap tabs
Dietary Supplement

Supplement Facts

Serving Size: One (1) tablet
Each serving supplies:

Amount Per Serving	%Daily Value
Biotin (Vitamin H)	10,000 mcg **

**Daily value not established
% Daily value based on 2,000 calorie diet

Additional ingredients: Di calcium phosphate, Cellulose, Corscarmellose sodium, Silicon di oxide, Magnesium stearate, Stearic acid

**Free of gluten, wheat, dairy,
soy, corn, preservatives, artificial
colors and most common allergens.**



Made in
USA

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