

Recommendation: As a dietary supplement, mix 1 teaspoon of powder with 4 to 6 oz. of fresh juice. After consumption, drink an additional 8 to 16 oz. of water.

Repeat 3 times a day until the bottle is empty, or as directed by your health care professional.

Store in a cool dry place.

Christopher's Original Formulas
1-800-453-1406
www.drchristopher.com

Manufactured By:
Wholistic Botanicals L.L.C.
Spanish Fork, Utah 84660

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Christopher's

Original



Formulas

John R. Christopher®

Dietary Supplement

Quick Colon Tonic Part 2 Powder *

8 oz.

Supplement Facts

Serving Size : 1 Teaspoon
Serving Per Container: Varied

Amount Per Serving	% Daily Value
1 Teaspoon	

Proprietary Blend:	*
Apple Pectin, Flax Seed, Psyllium Seed, Slippery Elm Bark, Fennel Seed, Marshmallow Root, Activated Charcoal Powder, Plantain Leaf.	

*Daily Value not established

No Fillers or Chemicals.

WARNING: Do not use this product when abdominal pain, nausea or vomiting are present. Rectal bleeding or failure to have a bowel movement after use of laxative may indicate a serious problem. Discontinue use and consult your health care practitioner.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.