

As a dietary supplement, take 2 droppers in a cup of water as an herbal tea, or as directed by your health care professional.

Store in a cool, dry place.



Christopher's

Original



Formulas

John R. Christopher®

Dietary Supplement

Valerian Nerve

Made from Fresh Valerian Root

2 fl. oz. (59 mL)

Christopher's Original Formulas

1-800-453-1406

www.drchristopher.com

Manufactured By

Wholistic Botanicals L.L.C.

Spanish Fork, Utah 84660

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Supplemental Facts

Serving size: 2 Droppers

Servings per container: 29

Amount per Serving

2 Droppers

%Daily

Value

Proprietary Blend:

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Wild Lettuce Leaf
& Fresh Valerian Root

*Daily Value not established

Other ingredients: A base of 50% pure grain alcohol and distilled water.

No Added Fillers or Chemicals

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease