

Suggested Use: Take one (1) capsule at bedtime or as needed.

Uso sugerido: Tomar una (1) cápsula al acostarse, o según sea necesario.

Description: For centuries the miracle Poppy plant has been used as a natural remedy to promote relaxation, sleep and pain relief.* Bio Nutrition uses only the highest quality California Poppy Seed Extract (Narcotic-free). Made in an easy to swallow vegetarian capsule.*

Descripción: Durante siglos, la milagrosa planta de amapola ha sido utilizada como un remedio natural para promover la relajación, el sueño y aliviar el dolor.* Bio Nutrition sólo utiliza la más alta calidad de del extracto de semilla de amapola (libre de Narcotico). Fabricado en un formato fácil de tragar la cápsula vegetariana.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Made in
USA



UPC CODE
854936003204

Bio
NUTRITION

California Poppy Seed

60 Vegetarian Capsules
Dietary Supplement

Supplement Facts

Serving Size: One (1) vegetarian capsule
Each serving supplies:

Amount Per Serving	%Daily Value
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California Poppy seed (from 125 mg 4:1 extract)	500 mg	**
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**Daily value not established
% Daily value based on 2,000 calorie diet

Additional ingredients: Vegetable Stearate, Vegetable Cellulose (capsule), Silica

**Free of gluten, yeast, corn, sugar,
salt, wheat, soy, artificial
ingredients and preservatives**

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