

Directions: Take up to 2 capsules daily before bedtime or as directed by your health care professional.

Do not operate machinery or vehicles while taking this product.



Christopher's

Original



Formulas

John R. Christopher®

Dietary Supplement

Slumber*

100 Vegetarian Caps

440 mg each

Supplement Facts

Serving Size 2 Capsules
Serving Per Container 50

Amount Per Serving	% Daily Value
880 mg	

Proprietary Blend: *

Valerian Root 4:1 Extract Powder,
Organic Passion Flower,
Wildcrafted Mullein Leaf, Organic
Marshmallow Root, Hops Flower,
Organic Lavender Flower,
Wildcrafted Lobelia Herb,
Wildcrafted Blue Cohosh Root, and
Wildcrafted Black Cohosh Root.

*Daily Value not established

Other Ingredients
Plant-derived capsule

No Fillers or Chemicals

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Christopher's Original Formulas
1-800-453-1406
www.drchristopher.com

Proudly Made In The U.S.A.

Manufactured By
Wholistic Botanicals L.L.C.
Spanish Fork, Utah 84660

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