

Rugby®

COMPARE TO VITAMINS IN
THERAGRAN® TABLETS*

Therems®

MULTIPLE VITAMINS
SUPPLEMENT

130 TABLETS

**TAMPER RESISTANT - DO NOT USE IF IMPRINTED SAFETY SEAL
UNDER CAP IS BROKEN OR MISSING**

DIRECTIONS: Adults and children over 12 years of age: One tablet daily.

Supplement Facts

Serving Size 1 Tablet

| Amount per tablet | % Daily Value |
|--|---------------|
| Vitamin A (as acetate) | 5000 IU 100% |
| Vitamin C (as ascorbic acid) | 90 mg 150% |
| Vitamin D-3 (as cholecalciferol) | 400 IU 100% |
| Vitamin E (as dl-alpha tocopheryl acetate) | 30 IU 100% |
| Vitamin B-1 (as thiamine HCl) | 3 mg 200% |
| Vitamin B-2 (as riboflavin) | 3.4 mg 200% |
| Niacin (as niacinamide) | 20 mg 100% |
| Vitamin B-6 (as pyridoxine HCl) | 3 mg 150% |
| Folic Acid | 400 mcg 100% |
| Vitamin B-12 (as cyanocobalamin) | 9 mcg 150% |
| Biotin | 30 mcg 10% |
| Pantothenic Acid (as calcium pantothenate) | 10 mg 100% |
| Calcium (as dicalcium phosphate) | 45 mg 4% |

Other Ingredients: Microcrystalline cellulose, gelatin, stearic acid, hypromellose, croscarmellose sodium, magnesium stearate, magnesium silicate, silica, FD&C red #40 lake, polyvinylpyrrolidone, polyethylene glycol, mineral oil, titanium dioxide and FD&C yellow #6 lake.

To preserve quality and freshness, keep bottle tightly closed.

Store between 15° - 30°C (59° - 86°F).

KEEP OUT OF REACH OF CHILDREN.

*Rugby Laboratories is not affiliated with the owner of the trademark Theragran®.

Questions or comments?

1-800-645-2158

www.rugbylaboratories.com

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Re-order No. 370147



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