



Yoga for Cleansing

Sit cross-legged comfortably, eyes gently closed, hands in a basket, arms straight out in front of your body parallel to the ground. Breathe rapidly through the nose.

Continue for 1 to 3 minutes.

Please ask your doctor if this exercise is suitable for you.



Our story began

in 1969 when Yogi Bhan, an inspirational teacher of holistic living, started teaching yoga in the West. While sharing his wisdom and knowledge of herbs and healthy living, he would serve his students an aromatic spiced tea they affectionately named "Yogi Tea".

CAFFEINE FREE
HERBAL SUPPLEMENT

16 TEA BAGS - NET WT .85 OZ (24g)



Yogi®

Roasted Dandelion Spice DeTox

HEALTHY CLEANSING FORMULA*



Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	1,500 mg	
Organic Roasted Dandelion Root		†
Organic Dandelion Root		†
Organic Cinnamon Bark		†
Organic Cocoa Shell		†
Organic Cardamom Seed		†
Organic Ginger Root		†
Organic Clove Bud		†
Organic Black Pepper		†

† Daily Value not established.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing.



East West Tea Company, LLC
Eugene, OR 97402
Certified Organic by QAI, Inc.



Renew with Roasted Dandelion Spice DeTox

Formulated to support the body's natural cleansing processes, we combine Dandelion, traditionally used by herbalists to support liver health, with Cocoa Shell and Yogi's traditional spice blend. Enjoy a delicious cup of Roasted Dandelion Spice DeTox tea to help you feel refreshed and in balance.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Get the most out of every cup.
Bring water to boiling, cover and steep 7 minutes. For a stronger tea, use 2 tea bags.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproduts.com/doing-good.

