

Directions: As a dietary supplement, take 2 capsules three times daily, or as prescribed by your health care professional.

Store in a cool dry place.

Christopher's Original Formulas
1-800-453-1406
www.drchristopher.com

Proudly Made In The U.S.A

Manufactured By
Wholistic Botanicals L.L.C
Spanish Fork, Utah 84660

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Christopher's

Original



Formulas

John R. Christopher®

Dietary Supplement

Lactation

Formula*

100 Vegetarian Caps
460 mg each

Supplement Facts

Serving Size 2 Capsules
Serving Per Container 50

Amount Per Serving	% Daily Value
920 mg	

Proprietary Blend*
Organic Fenugreek Seed, Organic Fennel Seed, Organic Anise Seed, Blessed Thistle Herb, Wildcrafted Marshmallow Root, Organic Dandelion Leaf, Wildcrafted Nettle Leaf, Hops Flower, Wildcrafted Chaste Tree Berry, Wildcrafted Mullein Leaf, & Organic Jurassic Green (Alfalfa, Barley, & Non-Hybrid Wheat Grass)

*Daily Value not established

Other Ingredients
Plant-derived capsule

No Added Fillers or Chemicals

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.