

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

This product contains NO yeast, gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 4 tablets daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #200569 / 2273379

FORMULATED & DISTRIBUTED BY:

Evolved Natural Solutions

13245 Atlantic Blvd. Suite 4-118

Jacksonville, FL 32225

USA MANUFACTURED IN A GMP FACILITY

evolved
NATURAL SOLUTIONS

CORE
SUPPLEMENT

ēMULTI™

MULTIVITAMINS, EVOLVED.

WHOLE FOOD MULTIVITAMIN / MINERAL PLUS COMPLEX

120 Tablets

A LOW ALLERGENICITY
DIETARY SUPPLEMENT

SCAN FOR
MORE INFO

OR VISIT
EVOLVEDNS.COM



Supplement Facts

Serving Size 4 Tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (33% as Vitamin A Palmitate [2,500 IU]/67% [5,000 IU] as Natural Beta-Carotene) from D. Salina with full spectrum carotenoids†† 7,500 IU	150%	Boron (as Boron Aspartate/Citrate complex).....0.75 mg	*
Vitamin C (as Ascorbic Acid/Ascorbyl Palmitate/Calcium and Magnesium Ascorbate complex).....700 mg	1,166%	Vanadium (as Vanadium Krebs†).....25 mcg	*
Vitamin D-3.....500 IU	125%	Amino Acids and Enzymes	
Vitamin E (natural, as d-alpha tocopheryl plus mixed tocopherols)200 IU	667%	L-Cysteine/N-Acetyl L-Cysteine.....75 mg	*
Thiamine.....50 mg	3,333%	Betaine (from 75 mg Betaine HCl)57 mg	*
Riboflavin.....25 mg	1,470%	Bromelain (2,000 GDU/g).....25 mg	*
Niacin/Niacinamide.....95 mg	475%	Glutamic Acid (from 12.5 mg Glutamic Acid HCl).....10 mg	*
Vitamin B-6 (as Pyridoxine HCl/Pyridoxal-5-Phosphate Complex).....50 mg	2,500%	L-Methionine6.3 mg	*
Folate (as L-methylfolate, Metafolin®).....400 mcg	100%	Bioflavonoids and Proanthocyanidins	
Vitamin B-12 (methylcobalamin).....125 mcg	2,083%	Rose Hips.....50 mg	*
Biotin150 mcg	50%	Lemon Bioflavonoids.....50 mg	*
Pantothenic Acid (as d-Calcium Pantothenate)250 mg	2,500%	Red Wine Proanthocyanidins/Pine Bark Extract25 mg	*
Calcium (as Calcium Citrate/Ascorbate Complex)250 mg	25%	Hesperidin17.5 mg	*
Iodine (from Kelp)100 mcg	66%	Rutin.....12.5 mg	*
Magnesium (as Magnesium Aspartate/Ascorbate Complex)250 mg	62%	Vegetables Fruits and Herbs	
Zinc (as Zinc Amino Acid Chelate).....12.5 mg	83%	Proprietary Organic Fruit and Vegetable Blend350 mg	*
Selenium (as Selenium Krebs†/Kelp complex).....100 mcg	143%	Organic beet powder (root), Organic carrot powder (root), Organic black currant powder (fruit), Organic blueberry powder (fruit), Organic broccoli powder (whole plant), Organic Concord grape powder (fruit), Organic green cabbage powder (whole plant), Organic collard greens powder (leaf), Organic mountain cranberry powder (fruit), Organic kale powder (whole plant), Organic Parsley powder (whole plant), Organic pomegranate powder (fruit), Organic raspberry powder (fruit), Organic spinach powder (whole plant).	
Copper (as Copper Amino Acid Chelate).....1 mg	50%	Garlic (bulb, Pure-Gar®, odorless).....50 mg	*
Manganese (as Manganese Aspartate Complex)5 mg	250%	Cauliflower (entire plant)50 mg	*
Chromium (Organically bound with GTF activity—low allergenicity)100 mcg	83%	Spirulina50 mg	*
Molybdenum (as Molybdenum Krebs†)50 mcg	66%	Chlorella (broken cell wall)50 mg	*
Potassium (as Potassium Aspartate Complex).....49.5 mg	1%	Green Papaya Extract (fruit).....50 mg	*
Lutein (natural)3 mg	*	Blackberry (fruit).....40 mg	*
Lycopene (natural).....3 mg	*	Celery powder (leaf).....35 mg	*
Zeaxanthin.....0.5 mg	*	Black radish powder (root)35 mg	*
Other Minerals, Nutrients and Trace Elements		Apricot powder (fruit).....35 mg	*
Inositol50 mg	*	Green Tea Extract (leaf)25 mg	*
Trace Elements (from Sea Vegetation) approx. 50 mcg	*	Apple Pectin (fruit).....25 mg	*
Choline (from 75 mg Choline Citrate/Bitartrate)30 mg	*		
PABA (para-aminobenzoic acid)25 mg	*		

*Daily Value not established.

Other ingredients: Cellulose and silica.

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

††Including Beta-Carotene, Alpha-Carotene, Zeaxanthin, Cryptoxanthin and additional Lutein and Lycopene.