

Directions: As a dietary supplement, take 2 capsules three times a day, or as directed by your health care professional.

Store in a cool dry place

WARNING: Do not use this product when abdominal pain, nausea or vomiting are present. Rectal bleeding or failure to have a bowel movement after use of laxative may indicate a serious problem. Discontinue use and consult your health care practitioner.



# Christopher's



Original

Formulas

*John R. Christopher*®

***Dietary Supplement***

# Lower Bowel Formula\*

100 Vegetarian Caps

450 mg

## Supplement Facts

Serving Size	2 Capsules
Serving Per Container	50

Amount Per Serving	% Daily Value
900 mg	

Proprietary Blend: \*

Ingredients: Cascara Sagrada Bark, Goldenseal Root, Turkey Rhubarb Root, Red Raspberry Leaf, Fennel Seed, Barberry Bark, Ginger Root, Lobelia Herb, & Cayenne 40 MHU.

\*Daily Value not established

Other Ingredients:

Plant-derived capsule.

No Added Fillers or Chemicals

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Christopher's Original Formulas  
1-800-453-1406  
www.drchristopher.com

Manufactured By:  
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