

Yogi®

Green Tea
Energy

SUPPORTS STAMINA*

Yoga to Get Energized

Lie on your back, legs together, arms at sides.
Flip yourself over from back to stomach and
from stomach to back, without bending any part
of your body. Hold the pose for 3 minutes.
Please ask your doctor if this exercise is suitable for you.



Our story began
in 1969 when Yogi Bhan,
an inspirational teacher
of holistic living, started
teaching yoga in the West.
While sharing his wisdom
and knowledge of herbs
and healthy living, he
would serve his students
an aromatic spiced tea
they affectionately
named "Yogi Tea".

CONTAINS CAFFEINE
HERBAL SUPPLEMENT

16 TEA BAGS - NET WT .92 OZ (26g)



Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	1,625 mg	
Organic Green Tea Leaf		†
Organic Lemongrass		†
Organic Panax Ginseng Root		†
Organic Eleuthero Root		†
Organic Spearmint Leaf		†
Organic Kombucha		†

† Daily Value not established.

Each tea bag contains approximately 35 mg of caffeine,
as compared to approximately 90 mg in 8 oz of coffee.

WARNING: Consult your healthcare provider prior to use if you
are pregnant or nursing, taking any medication or if you have a
medical condition.



East West Tea Company, LLC
Eugene, OR 97402
Certified Organic by QAI, Inc.



Invigorate with Green Tea Energy

Our Green Tea Energy combines Green Tea
with Eleuthero Root and Panax Ginseng
Root - herbs traditionally used to support
stamina. Lemongrass and Spearmint impart
crisp, refreshing flavor for an invigorating tea
that supports energy and well-being.*

*These statements have not been evaluated by the FDA. This product
is not intended to diagnose, treat, cure, or prevent any disease.

Get the most out of every cup.

Bring water just to boiling and steep 3
minutes. For a stronger tea, use 2 tea bags.
Drink 3-4 cups daily.

At Yogi, it's about more than
creating deliciously purposeful teas. Learn
about our efforts to do good at home and around
the world at yogiproduts.com/doing-good.

