

NUTRITION MADE SIMPLE



www.HealthyForLifeUSA.com

WHY CHOOSE OUR OMEGAS?

We use 100% Organic parent (source) cold pressed seed oils. This guarantees our customers the purest and most effective essential fatty acids available. Natural Omega is scientifically formulated to conveniently replenish nutrients you may not be getting from your diet. Our exclusive formula uses a unique combination of organic oils to ensure lasting freshness. There are no additives or preservatives in our Natural Omega Supplement. Healthy For Life has carefully crafted its Natural Omega 3-6-9 to be the best!

HOW OMEGA OILS HELP YOU

Omega 3 and 6 are vital for optimal health and wellbeing. These nutrients are basic building blocks for many of the body's critical functions and have been shown to be beneficial for heart health. Omega oils have also been known to help satisfy your appetite, strengthening the immune system, help with hormone balance and healthier hair, skin and nails.*

Customer Care: 877-535-6158

Healthy For Life is a company who cares about helping people achieve better health. We produce convenient products that provide essential nutrients often missing from our diet. Our products are made with the highest quality organic ingredients.

* These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

*An exclusive formulation
of essential oils for
optimum results.*

Natural Omega

3.6.9

NO FISH OIL
FOR MAXIMUM PURITY



DIETARY
SUPPLEMENT

120 Capsules (725mg each)

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	19	1%
Calories from Fat	19	1%
Total Fat	2g	3%
Saturated Fat	0.2g	1%
Omega-3 Fatty Acids	300mg	
Omega-6 Fatty Acids	670mg	
Omega-9 Fatty Acids	230mg	

*Daily Values based on a 2000 calorie diet.

INGREDIENTS: Organic flax oil, Organic evening primrose oil, and/or Organic safflower oil, Organic sunflower oil, Organic pumpkin oil, Organic virgin coconut oil, gelatin capsule.

DIRECTIONS FOR USE: Take 4 capsules daily. Take 2 capsules in the morning and 2 capsules at lunch or dinner. More may be taken if desired. Store below 80°F.

* All oils are 100% certified organic, the capsule is not.

Manufactured For: Healthy For Life • 3350 100th St. • Des Moines, IA 50322

