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Meets USP <2040> disintegration.  
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OmniActive Health Technologies.

**KEEP OUT OF REACH OF CHILDREN.**  
Store in a cool, dry place.

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**GNC**

# Women's One Daily Multivitamin

ONCE PER DAY ULTRA-CONCENTRATED  
MULTIVITAMIN

DIETARY SUPPLEMENT  
60 CAPLETS

CODE 738412

Directions: As a dietary supplement, take one caplet daily with food.

FSG

## Supplement Facts

Serving Size One Caplet

### Amount Per Serving % Daily Value

|                                                        |                  |       |
|--------------------------------------------------------|------------------|-------|
| Vitamin A (as Retinyl Acetate)                         | 1050 mcg         | 117%  |
| Vitamin C (as Ascorbic Acid)                           | 100 mg           | 111%  |
| Vitamin D (as Cholecalciferol D-3)                     | 30 mcg (1200 IU) | 150%  |
| Vitamin E (as d-alpha Tocopheryl Succinate)            | 28.93 mg         | 193%  |
| Vitamin K (as Phytanadione)                            | 80 mcg           | 67%   |
| Thiamin (Vitamin B-1) (as Thiamin Mononitrate)         | 1.65 mg          | 138%  |
| Riboflavin (Vitamin B-2)                               | 1.87 mg          | 144%  |
| Niacin (as Niacinamide)                                | 20 mg            | 125%  |
| Vitamin B-6 (as Pyridoxine Hydrochloride)              | 2.2 mg           | 129%  |
| Folate (800 mcg Folic Acid)                            | 1333 mcg DFE     | 333%  |
| Vitamin B-12 (as Cyanocobalamin)                       | 25 mcg           | 1042% |
| Biotin                                                 | 300 mcg          | 1000% |
| Pantothenic Acid (as Calcium d-Pantothenate)           | 16.5 mg          | 330%  |
| Choline (as Choline Bitartrate)                        | 2.5 mg           | <1%   |
| Calcium (as Calcium Carbonate and Dicalcium Phosphate) | 500 mg           | 38%   |
| Iron (as Ferrous Fumarate)                             | 18 mg            | 100%  |
| Phosphorus (as Dicalcium Phosphate)                    | 15 mg            | 1%    |

| Amount Per Serving                                  | % Daily Value |
|-----------------------------------------------------|---------------|
| Iodine (as Potassium Iodide)                        | 150 mcg 100%  |
| Magnesium (as Magnesium Oxide)                      | 100 mg 24%    |
| Zinc (as Zinc Oxide)                                | 30 mg 273%    |
| Selenium (as Sodium Selenite)                       | 70 mcg 127%   |
| Copper (as Cupric Oxide)                            | 2 mg 222%     |
| Manganese (as Manganese Sulfate)                    | 2 mg 87%      |
| Chromium (as Hydrolyzed Protein Chelate)            | 200 mcg 571%  |
| Molybdenum (as Hydrolyzed Protein Chelate)          | 75 mcg 167%   |
| Chloride (as Potassium Chloride)                    | 72 mg 3%      |
| Potassium (as Potassium Chloride)                   | 80 mg 2%      |
| Cranberry Fruit Concentrate (Vaccinium macrocarpon) | 10 mg *       |
| Collagen Hydrolysate                                | 5 mg *        |
| Inositol                                            | 2.5 mg *      |
| Silica (as Silicon Dioxide)                         | 2 mg *        |
| Lutemax® 2020 Lutein                                | 1 mg *        |
| Zeaxanthin                                          | 200 mcg *     |
| Boron (as Hydrolyzed Protein Chelate)               | 150 mcg *     |
| Tin (as Stannous Chloride)                          | 10 mcg *      |
| Vanadium (as Vanadyl Sulfate)                       | 10 mcg *      |
| Nickel (as Nickel Sulfate)                          | 5 mcg *       |

\* Daily Value not established.

**Other Ingredients:** Cellulose, Stearic Acid Vegetable Source, Titanium Dioxide (Mineral Whitener), Magnesium Stearate Vegetable Source, Vanilla Mint Flavor, Vegetable Acetoglycerides, Sucralose, Carmine Color.

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Lot No./Best By: