

USAGE: Take 1 softgel 3 to 4 times per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® CLA contains conjugated linoleic acid (CLA), a unique optical isomer of the polyunsaturated fatty acid linoleic acid. CLA is a lipid component of cell membranes and breast milk. Although dietary sources of CLA typically include red meat and dairy products, **Jarrow Formulas® CLA** is derived from safflower oil. CLA has been shown in animal experiments to assist in glucose metabolism, the reduction of body fat and enhancement/retention of lean body mass (muscle).*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS

**NEW
LOOK**

Conjugated Linoleic Acid

CLA

750 mg CLA from 1000 mg Safflower Oil

Promotes Fat Metabolism*

Helps Maintain Lean Body Mass*

**90
SOFTGELS**

**DIETARY
SUPPLEMENT**

Tonalin
For reducing body fat

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	2%†
Conjugated Linoleic Acid (Tonalin®)	750 mg	††
Safflower Oil Base	250 mg	††

† Percent Daily Values are based on a 2,000 calorie diet.

†† Daily Value not established.

Other Ingredients: Mixed tocopherols (added to maintain freshness); softgel consists of bovine gelatin, glycerin and purified water.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts. Store in a cool, dry place.

Tonalin® CLA is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
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