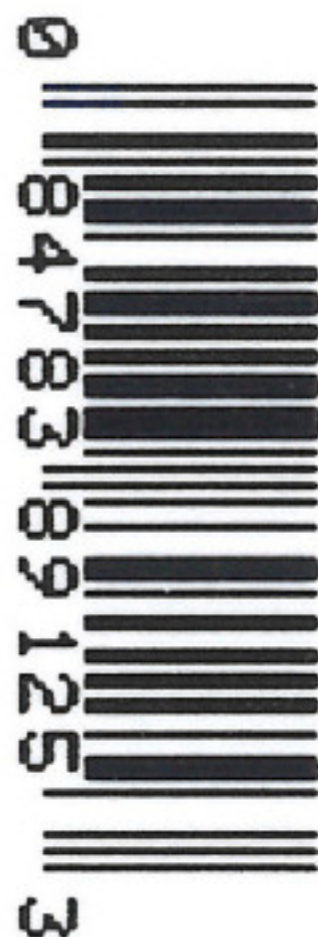


Directions: As a dietary supplement, take 2 capsules twice daily before a meal with 12 oz of water, or as prescribed by your health care professional.

Store in a cool dry place.

**WARNING:** Do not use during pregnancy, or while nursing, except as directed by your health care professional.



# Christopher's

Original



Formulas

*John R. Christopher*®

***Dietary Supplement***

# Herbal IRON

**Formula\***

**100 Vegetarian Caps**

500 mg each

## Supplement Facts

Serving Size 2 Capsules  
Serving Per Container 50

Amount Per Serving	% Daily Value
1000 mg	

Proprietary Blend:	*
Dandelion Leaf, Beet Root, Yellow Dock Root, Nettle Leaf, and Spirulina.	

\*Daily Value not established

Other Ingredients:  
Plant-derived capsule.

No Added Fillers or Chemicals

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Christopher's Original Formulas  
1-800-453-1406  
[www.drchristopher.com](http://www.drchristopher.com)

Manufactured By:  
Wholistic Botanicals L.L.C.  
Spanish Fork, Utah 84660

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