

SAFETY SEALED. DO NOT
USE IF PRINTED SEAL
UNDER CAP IS CUT,
TORN, OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

exchange
select™

VITAMIN D₃

125 mcg (5000 IU)



BONE/JOINT HEALTH*

- PROMOTES STRONG
HEALTHY BONES*

100 SOFTGELS
DIETARY SUPPLEMENT

quality
value

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin D ₃ 125 mcg (5000 IU)	625%

INGREDIENTS: Safflower Oil, Gelatin, Glycerin, Purified Water USP. Contains 2% or less of cholecalciferol.

Manufactured for:
Your Military Exchanges By:
International Vitamin Corporation
Freehold, NJ 07728
1-866-927-5470

Directions: Adults - Take one softgel daily with food as
a dietary supplement.

Keep out of the reach of children.
Store at 15° - 30° C (59° - 86° F).

NO ARTIFICIAL COLORS OR FLAVORS
NO GLUTEN • NO LACTOSE

Vitamin D₃ helps the body absorb
calcium and is known for its beneficial
effects on strong healthy bones.*

Warning: Pregnant or nursing women,
individuals taking medication(s) or persons
who have a health condition should consult
their physician before using this product.

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**"SATISFACTION GUARANTEED
OR YOUR MONEY BACK."**

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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518191
USA646869