

SAFETY SEALED. DO NOT  
USE IF PRINTED SEAL  
UNDER CAP IS CUT,  
TORN, OR MISSING.

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

exchange  
select™

# VITAMIN D<sub>3</sub> 50 mcg (2000 IU)



**BONE/JOINT HEALTH\***

- PROMOTES STRONG  
HEALTHY BONES\*

100 SOFTGELS  
DIETARY SUPPLEMENT

quality  
value

## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving                      | % Daily Value |
|-----------------------------------------|---------------|
| Vitamin D <sub>3</sub> 50 mcg (2000 IU) | 250%          |

**INGREDIENTS:** Safflower Oil, Gelatin, Glycerin, Purified Water USP. Contains 2% or less of cholecalciferol.

Manufactured for:  
Your Military Exchanges By:  
International Vitamin Corporation  
Freehold, NJ 07728  
1-866-927-5470

**Directions:** Adults - Take one softgel daily with food as  
a dietary supplement.

**Keep out of the reach of children.**  
Store at 15° - 30° C (59° - 86° F).

Vitamin D<sub>3</sub> helps the body absorb  
calcium and is known for its beneficial  
effects on strong healthy bones.\*

**Warning:** Pregnant or nursing women,  
individuals taking medication(s) or persons  
who have a health condition should consult  
their physician before using this product.

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**NO ARTIFICIAL COLORS OR FLAVORS  
NO GLUTEN • NO LACTOSE**

**"SATISFACTION GUARANTEED  
OR YOUR MONEY BACK."**

FRESHNESS AND POTENCY GUARANTEED THROUGH:

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517986  
USA646868