

Directions: As a dietary supplement, take 2 capsules three times daily before a meal with 12 oz of water, or as prescribed by your health care

Store in a cool dry place.



Christopher's

Original



Formulas

John R. Christopher®

Dietary Supplement

GINGER ROOT

**100 Vegetarian Caps
500 mg each**

Supplement Facts

Serving Size 2 Capsules
Serving Per Container 50

Amount Per Serving	% Daily Value
1000 mg	

Ingredients:

Ginger Root
(Zingiber officinale)

*Daily Value not established

Other Ingredients:

Plant-derived capsule.

No Fillers or Chemicals added.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Christopher's Original Formulas
1-800-453-1406
www.drchristopher.com

Manufactured By:
Wholistic Botanicals L.L.C.
Spanish Fork, Utah 84660

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