



Multi Minerals

Rulk

Dietary Supplement
Suggested Use: Take two (2) tablets daily with food or as

directed by your health care practitioner.

Keep out of reach of children in a cool, dry place. Supplement Facts

Serving Size = two (2) tablets Servings per Container=Varied

Amount Per Serving	% Daily Value	
Calcium (as Calcium Carbonate)	500 mg	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Magnesium (as Magnesium Oxide)	250 mg	63%
Manganese (as Manganese Citrate)	4 mg	200%
Zinc (as Zinc Citrate)	15 mg	100%
Potassium (as Potassium Carbonate, Iodide)	45 mg	<2%
Copper (as Copper Gluconate)	2 mg	100%
Chromium (as Chromium Polynicotinate)	120 mcg	100%
Iodine (as Potassium Iodide)	225 ug	150%
Selenium (as L-Selenomethionine)	70 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Cobalt (as Cobaltus Chloride hexahydrate)	2 mcg	
* Daily Value Not Fetablished		

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8

Other Ingredients: Cellulose, stearic acid, titanium dioxide, magnesium stearate, silicon dioxide, sodium citrate, & polysorbate.

CONTAINS NO: Sugar, artificial colors, flavors or preservatives.

440 Kings Village Rd. Scotts Valley CA 95066 In case of adverse event: 855-885-2855

