



AYURVEDIC HERBS

Vata Digest™

Digestion Formula for Vata*



90 Tablets
Dietary Supplement

SUGGESTED USE: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner. Not for use by pregnant women.

If you are pregnant, nursing, taking medications, or have a medical condition please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

Supplement Facts		Serving Size: 2 tablets	Servings Per Container: 45
Amount Per Serving		Other ingredients, from natural sources: organic maltodextrin, lac resin, silicon dioxide. Free of gluten, soy, and dairy.	
Proprietary Blend	1000mg**		
Cumin seed, <i>Cuminum cyminum</i> ⁺		*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Do not use if seal is broken or missing.	
Celery seed (Ajamoda), <i>Apium graveolens</i> ⁺			
Nigella seed (Black Cumin), <i>Nigella sativa</i> ⁺		+Certified Organic **Daily Value not established	
Black Pepper fruit, <i>Piper nigrum</i> ⁺			
Ginger root, <i>Zingiber officinale</i> ⁺			
Long Pepper fruit (Pippali), <i>Piper longum</i> ⁺			
Mineral Salt			
Asafoetida resin, <i>Ferula assa-foetida</i>		Distributed by Banyan Botanicals, Albuquerque, NM 87113 Made in USA	
Fenugreek seed, <i>Trigonella foenum-graecum</i> ⁺			
		Certified Organic by New Mexico Department of Agriculture	

Int. B3

Sustainably Sourced

1-800-953-6424 www.banyanbotanicals.com

©2012 Banyan Botanicals, Albuquerque, NM 87113