





Actual Color and Size

Vitamin B-1

Bulk

Dietary Supplement

Suggested Use: Take one (1) capsule daily with food or as directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = one (1) capsule Servings Per Container=Varied

Amount Per Serving

% Daily Value

Thiamine (Vitamin B-1)
(as Thiamine Mononitrate)

500 mg 33,333%

Notice: If you are pregnant or nursing, taking medication or planning a surgery, consult your physician before using this product. If any adverse reactions occur stop taking the product and consult your physician.

Other Ingredients: Gelatin capsule, magnesium stearate and silicon dioxide.

CONTAINS NO artificial colors, flavors, or preservatives.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

303 Potrero St. #45-105 Santa Cruz, CA 95060 In case of adverse event: 855-885-2855

