



Actual Color and Size



Vitamin B-1

250 mg

Bulk

Dietary Supplement

Suggested Use: Take one (1) capsule daily with food or as directed by your health care practitioner.

Keep out of reach of children in a cool, dry place.

Supplement Facts

Serving Size = one (1) capsule %Servings Per Container=Varied

Amount Per Serving	% Daily Value
Thiamine (vitamin B-1) (as thiamine mononitrate)	250 mg 16667%

Notice: If you are pregnant or nursing, taking medication or planning a surgery, consult your physician before using this product. If any adverse reactions occur stop taking the product and consult your health care provider.

Other Ingredients: Gelatin capsule, magnesium stearate, silicon dioxide.

CONTAINS NO artificial colors, flavors, or preservatives.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

303 Potrero St. #45-105 Santa Cruz, CA 95060
In case of adverse event: 855-885-2855

