



AYURVEDIC HERBS

# Tranquil Mind™

Promotes Mental Calmness  
and Well-being\*



90 Tablets  
Dietary Supplement

Certified Organic

**SUGGESTED USE:** Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition please consult with your health care practitioner prior to the use of this product.  
Keep out of the reach of children.

## Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 45

### Amount Per Serving

|                                                                                     |          |
|-------------------------------------------------------------------------------------|----------|
| Proprietary Blend                                                                   | 1000mg** |
| Eclipta leaf (Bhringaraj), <i>Eclipta alba</i> <sup>+</sup>                         |          |
| Skullcap herb, <i>Scutellaria lateriflora</i> <sup>+</sup>                          |          |
| Passionflower herb, <i>Passiflora incarnata</i> <sup>+</sup>                        |          |
| Indian Tinospora stem (Guduchi), <i>Tinospora cordifolia</i> <sup>+</sup>           |          |
| Chamomile flower, <i>Matricaria recutita</i> <sup>+</sup>                           |          |
| Gotu Kola leaf (Brahmi), <i>Centella asiatica</i> <sup>+</sup>                      |          |
| Ashwagandha root, <i>Withania somnifera</i> <sup>+</sup>                            |          |
| Finger-leaf Morning Glory root (Vidari Kanda), <i>Ipomoea digitata</i> <sup>+</sup> |          |
| Fennel seed, <i>Foeniculum vulgare</i> <sup>+</sup>                                 |          |
| Long Pepper fruit (Pippali), <i>Piper longum</i> <sup>+</sup>                       |          |

Other ingredients, from natural sources: organic gum acacia, organic rice flour. Free of gluten, soy, and dairy. 100% vegetarian.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Do not use if seal is broken or missing.

+Certified Organic    \*\*Daily Value not established

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New Mexico Department  
of Agriculture

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