



LBN10020100.02 BLQ7519

Lot.Nr:
Exp.

530102/5
00731003

Do not use if tamper evident
twist off cap is missing, broken
or separated from neck ring.



SUPPLEMENT FACTS

Serving Size 2 teaspoons (tsp) (10 mL)
Servings per Container 10

Amount per Serving	% DV
Calories	20
Proprietary Extract Blend	500 mg **
Manna (<i>Fraxinus ornus</i> L.) (stem)	
Angelica (root)	
Cape Aloe (leaf)	
Chinese Rhubarb (root)	
Senna (leaf)	
Zedoary (root)	
Myrrh (stem)	
Camphor	
Carline Thistle (root)	
Black Cohosh (root)	
Cinnamon (bark)	
Valerian (root)	
Cardamom (fruit)	
Saffron (pistil)	

**Daily Value (DV) not established.

Other ingredients: water, alcohol (38%)

Swedish Bitters secret formula rediscovered.

Lost for centuries, the secret
herbal formula Swedish
Bitters, created by
Paracelsus in the 16th
century, was rediscovered
by a distinguished Austrian
herbalist. Since then,
NatureWorks' Swedish
Bitters has won enthusiastic
praise from millions of
Europeans as the definitive
herbal elixir.

NatureWorks' Swedish
Bitters is an artfully blended
extract of selected herbs
of unsurpassed quality.
We make the extract and
analyze it to assure you of
unquestionable purity
and optimum potency.
Swedish Bitters is the most
remarkable traditional
European herbal extract.

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Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions?
1-800-9NATURE / naturesway.com

Product of Germany

NatureWorks®
The Traditional European
Herbal Extract

Swedish Bitters

Used Traditionally
for Digestion*

Dietary Supplement
3.38 fl. oz. (100 mL)

*This statement has not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

Recommendation:
Adults take 1-2 teaspoons
(tsp) daily. Not for use in
children under 18 years of age.
Do not exceed
recommended dosage.
Not for long term use. Shake
well before using. Keep out
of reach of children.

NOTICE: This product contains
Cape Aloe, Senna, and
Chinese Rhubarb. Read and
follow directions carefully. Do
not use if you have or develop
diarrhea, loose stools,
or abdominal pain because
Cape Aloe, Senna, and Chi-
nese Rhubarb may worsen
these conditions and be
harmful to your health. Con-
sult your physician if you have
frequent diarrhea or have a
medical condition.

Warning: Do not use if
pregnant or nursing. Do not
use when nausea or vomiting
are present unless directed
by a healthcare professional.
Discontinue use and consult a
healthcare professional if you
have noticed a sudden change
in bowel habits that persist over
two weeks, have a liver disorder,
or develop symptoms of liver
trouble, such as abdominal pain,
dark urine or jaundice. Rectal
bleeding or failure to move
bowels after use may indicate a
serious condition. If you are
taking any medications or
tranquilizers, consult a healthcare
professional before use. Avoid
alcohol and do not drive or
operate machinery while taking
this product.

NatureWorks®
The Traditional
European Herbal Extract

Swedish Bitters

Used Traditionally
for Digestion*

Dietary Supplement
3.38 fl. oz. (100 mL)
LBN10020100.02B

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the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

Recommendation: Adults take 1-2 teaspoons (tsp)
daily. Not for use in children under 18 years of age.
Do not exceed recommended dosage. Not for long
term use. Shake well before using. Keep out of reach of children.

NOTICE: This product contains Cape Aloe, Senna, and
Chinese Rhubarb. Read and follow directions carefully.
Do not use if you have or develop diarrhea, loose
stools, or abdominal pain because Cape Aloe,
Senna, and Chinese Rhubarb may worsen these
conditions and be harmful to your health. Con-
sult your physician if you have frequent
diarrhea or have a medical condition.

Warning: Do not use if pregnant or nursing. Do
not use when nausea or vomiting are present unless
directed by a healthcare professional. Discontinue
use and consult a healthcare professional if you
have noticed a sudden change in bowel habits that
persist over two weeks, have a liver disorder, or
develop symptoms of liver trouble, such as abdomi-
nal pain, dark urine or jaundice. Rectal bleeding or
failure to move bowels after use may indicate a
serious condition. If you are taking any medications
or tranquilizers, consult a healthcare professional
before use. Avoid alcohol and do not drive or
operate machinery while taking this product.

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Cinnamon (bark)	
Valerian (root)	
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