DIRECTIONS: Use anytime of the day-with or without food. For best results, place one level tablespoon (scoop included) of "Catie's Whole Food Vitamin C Plus" powder into 8-12 ounces of water, your favorite drink, Juice, soy, rice or almond milk, or add to a shake. Stir until dissolved or use in a blender or shaker for optimum results. Keep container out of heat, light, and close tightly. Refrigerate after opening.

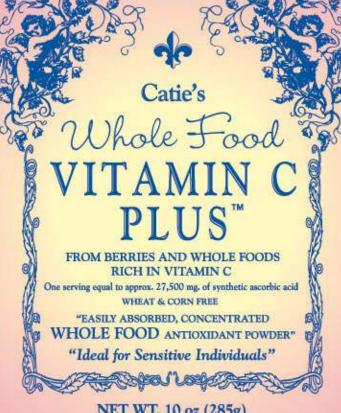
This product does not contain any wheat, corn, artificial sweeteners, sucrose, alcohol, MSG, yeast, gluten, salt, dairy, egg, coloring, stabilizers, maltodextrins or any other artificial ingredients. It is a NON-Genetically Modified Whole Food. Many blessings, health and happiness.



Formulated with Love by: Energy Essentials™

For Customer Service: (888) 456-1597 www.energyessentials.com





## Supplement Facts

Serving Size 0.33oz (9.5g)

Amount per Serving		% Daily Value
Tota Calor es	25	
Calories From Fat	5	
Tota Fat	10	1.5%
Saturated Fat	0 0	
Tota Carbohydrate	6 g	2%
Distary Fiber	1.0	4%
Sugar	20	*
Protein	<1.0	42%
Cholesterol	0.0	(*)
Vitamin C (from Whole Foods)	150 mg	260%

Proprietary Blend 9451 mg Camu Camu Fruit

Kale Amla Fruit

Organic Gogi Strawberry Powder

Berry Powder Carrots Organic Montmorency Solnach

**Rinflavonoids** Cherry Powder

Organic Pomegranate EGCG-Decaffinated Green (40% ellagic acid) Tea Ext.

Powder

Organic Billberry Powder N-Acetyl Cysteine Lysine (Lima Beans)

Organic Blueberry Powder Proline

Blackcurrant Selenium (AAC)

**Grape Seed Extract** L-Arginine Orange Powder Manganese (AAC)

Acerola Cherry

Other Ingredients: Pineapp e Powder and Stevia. 96 Daily value based on a 2,000 calorie diet. \*Daily Value Not Established

NET WT. 10 oz (285g)