

USAGE: Take 1 capsule 3 times per day with meals, (for a total of 3) to facilitate maximum absorption, or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications (especially warfarin/Coumadin), consult your healthcare professional before using this product.

Bone-Up® provides StimuCal™ ossein MicroCrystalline HydroxyApatite (MCHA) (from free-range New Zealand calves), which includes the superior combination of the inorganic calcium lattice of MCHA within an organic protein milieu. StimuCal™ is rich in native type I collagen—the predominant protein found in bone—and has been clinically demonstrated not to disproportionately spike calcium blood levels as do other forms of calcium, such as the carbonate and citrate salt forms. StimuCal™ is combined with vitamin D₃ and vitamin K₂ (as MK-7 [menaquinone-7] from natural fermentation [a more bioavailable form of vitamin K]) to support the proper deposition of calcium into the bones, as well as assist in building up the bone matrix.* Bone Up® also supports cardiovascular and arterial health.*

HEALTH CLAIM: Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

For best results, use with Jarrow Formulas® JarroSil®, the biologically Activated Silicon®.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

StimuCal™ is a registered trademark of PharmaZen Ltd., and is patent pending.

Lot #. Best Used Before:

Jarrow
FORMULAS



Superior Skeletal Support*

BONE-UP®

THREE PER DAY

StimuCal™ Microcrystalline Hydroxyapatite
& Natural MK-7

StimuCal™
WITH BONE STIMULATING PROTEIN

Promotes Bone Density*
Supports Cardiovascular Health*

90
CAPSULES

DIETARY
SUPPLEMENT



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid)	100 mg	110%
Vitamin D ₃ (Cholecalciferol)	25 mcg (1,000 IU)	130%
Vitamin K ₂ (as Natural MK-7 [Menaquinone-7])	45 mcg	40%
Calcium (Elemental) (from StimuCal™ Microcrystalline Hydroxyapatite)	1,000 mg	80%
Magnesium (as Magnesium Oxide)	350 mg	80%
Zinc (L-OptiZinc®) (as Zinc L-Methionine Sulfate)	10 mg	90%
Copper (as Copper Gluconate)	1 mg	110%
Manganese (as Manganese Citrate)	1 mg	45%
Boron (as Boron Citrate)	3 mg	†

† Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of bovine gelatin.

Mineral amounts are elemental.

Contains: Soy (in trace amounts).

No wheat, gluten, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Actual Capsule Size

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
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