

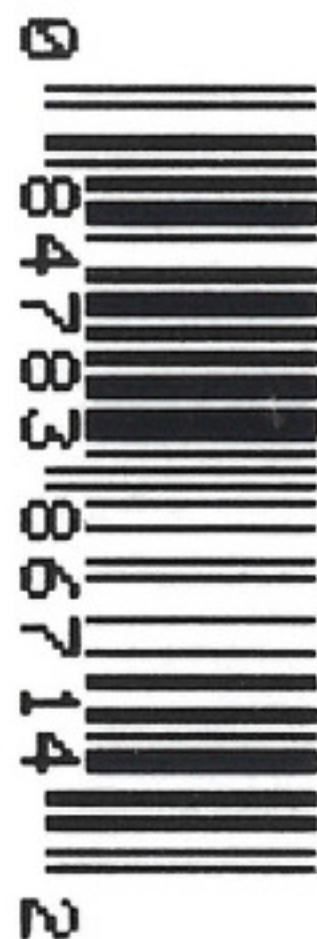
Directions: As a dietary supplement, adults and children over age 12, take 1 or 2 capsules once a day at bedtime with a full glass of water. For children 2 to 12 years of age, consult with a Health Care Professional.

WARNING: Do not use this product when abdominal pain, nausea or vomiting are present. Rectal bleeding or failure to have a bowel movement after use of laxative may indicate a serious problem. Discontinue use and consult your health care practitioner

Store in a cool dry place.

Christopher's Original Formulas
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www.drchristopher.com

Manufactured By:
Wholistic Botanicals L.L.C.
Spanish Fork, Utah 84660
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christopher's

Original



Formulas

John R. Christopher®

Dietary Supplement

CASCARA SAGRADA

100 Vegetarian Caps

475 mg each

Supplement Facts

Serving Size 2 Capsules
Serving Per Container 50

Amount Per Serving	% Daily Value
950 mg	

Ingredients

Cascara Sagrada Bark.
(Rhamnus purshiana)

*Daily Value not established

Other Ingredients:
Plant-derived capsule.

No Added Fillers or Chemicals.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.