

USAGE: Mix 1 rounded scoop (6.6 g) with 6 oz. of cold water. Take with food 2 times per day or as directed by your qualified healthcare professional. Take with food for best absorption. Each serving contains 50% of recommended daily intake for calcium. Two servings per day provides 100% of average calcium requirement.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications (especially warfarin/Coumadin), consult your healthcare professional before using this product.

Bone-Up® Powder utilizes ossein **MicroCrystalline HydroxyApatite** (MCHA) Complex (from free-range New Zealand calves), which is the original bone matrix of tricalcium phosphate, collagen and related proteins. **Bone-Up® Powder** also contains vitamin D₃, vitamin K₂ (as MK-7 from natural fermentation [a more bioavailable form of vitamin K]) and JarroSil® Activated Silicon® (a biologically active form of silicon) to support the proper deposition of calcium and maintenance of bone health.* Potassium Citrate is a systemic alkalizer added for optimal osteo support.*

HEALTH CLAIM: Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:



Powder Drink Mix

BONE-UP®

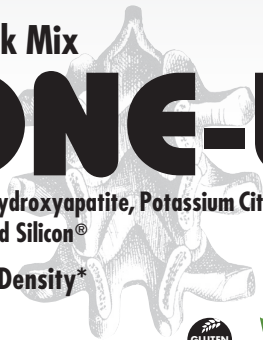
Microcrystalline Hydroxyapatite, Potassium Citrate, Natural MK-7,
JarroSil® Activated Silicon®

Promotes Bone Density*

NET WEIGHT

14 oz (396 g)
POWDER

DIETARY
SUPPLEMENT



NATURAL ORANGE FLAVOR

Supplement Facts

Serving Size 1 Rounded Scoop (6.6 g) Servings Per Container 60

	Amount Per Serving	% DV
Calories	10	
Total Fat	0 g	0%†
Total Carbohydrate	2 g	<1%†
Sugars	0 g	††
Protein	<1 g	1%
Vitamin C (as calcium ascorbate)	100 mg	167%
Vitamin D ₃ (cholecalciferol)	12.5 mcg (500 IU)	125%
Vitamin K ₂ (as natural MK-7 [menaquinone-7])	23 mcg	29%
Calcium (elemental) (from microcrystalline hydroxyapatite)	500 mg	50%
Phosphorus (from microcrystalline hydroxyapatite)	180 mg	18%
Magnesium (as magnesium citrate)	250 mg	63%
Zinc (L-OptiZinc®) (as zinc L-monomethionine)	5 mg	33%
Copper (as copper gluconate)	0.5 mg	25%
Manganese (as manganese citrate)	0.5 mg	25%
Sodium	25 mg	1%
Potassium (as potassium citrate)	250 mg	7%
Boron (as boron citrate)	1.5 mg	††
Silicon (JarroSil® Activated Silicon® Proprietary formula of molecular clusters of stabilized silicic acid)	10 mg	††

† Percent Daily Values are based on a 2,000 calorie diet.
†† Daily Value not established.

Other Ingredients: Natural orange flavor, citric acid, hydrolyzed bovine collagen, guar gum, organic rebiana (stevia) extract and beta-carotene (for color).

Contains: Soy (in trace amounts).

No wheat, no gluten, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

01317BUP PROD # 104007



© 2017 **Jarrow FORMULAS®**