

Garden Goodness™
Harvested for Your Health

1 SERVING OF
VEGGIES AND FRUITS*

Looking for a way to
get more veggies
and fruits?

Alive!™'s blend helps
you discover the
magic of organic kale,
açai and raspberry to
boost your daily intake.



◆ L N 2112 . A 01 B L K 9114 A

*11.4 gm vegetable and fruit blend per serving. Each 2 tablet serving provides the equivalence of 1 cup of leafy greens (volume before drying). ChooseMyPlate.gov recommends 2 cups of fruit and 3 cups of veggies per day for a 2,000 calorie diet.

Nature's Way

Alive!

Garden Goodness™

Men's
MULTI-VITAMIN

1 SERVING OF
VEGGIES AND FRUITS*

Made with organic
kale, açai and raspberry

60 TABLETS Multi-Vitamin Supplement

Supplement Facts

Serving Size 2 Tablets / Servings per Container 30

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g <1%†
Total Sugars	<1 g **
Includes <1 g Added Sugars	2%†
Vitamin A (70% as retinyl acetate and 30% as beta carotene)	900 mcg 100%
Vitamin C (ascorbic acid)	90 mg 100%
Vitamin D (as cholecalciferol)	20 mcg 100%
Vitamin E (as d-alpha tocopheryl acetate)	22.5 mg 150%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (Vitamin B1)	2.4 mg 200%
Riboflavin (Vitamin B2)	2.6 mg 200%
Niacin (Vitamin B3) (as niacinamide)	24 mg 150%
Vitamin B6 (as pyridoxine HCl)	3.4 mg 200%
Folate (Vitamin B9)	400 mcg DFE 100% (240 mcg Folic Acid)
Vitamin B12 (as cyanocobalamin)	7.2 mcg 300%
Biotin (Vitamin B7)	30 mcg 100%
Pantothenic Acid (Vitamin B5) (as calcium D-pantothenate)	7.5 mg 150%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc oxide)	13.7 mg 125%
Selenium (as sodium selenate)	96.2 mcg 175%

Amount per Serving	% DV
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Organic Veggie and Fruit Blend:	1.4 g **
organic kale, organic açai, organic raspberry, organic apple, organic mango, organic blueberry, organic carrot, organic cranberry, organic strawberry, organic elderberry, organic cherry	
Lycopene	600 mcg **
Lutein	100 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: organic tapioca dextrose, organic carnauba wax, organic maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum

Recommendation: Take 2 tablets once daily, preferably with food. Not recommended for women or children. If taking any medications, consult a healthcare professional before use.

GLUTEN FREE. No salt, yeast, wheat, soy, dairy products, artificial colors, or flavors.

Keep out of reach of children. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

©2018 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Certified Organic by Quality Assurance Int'l
Questions? 1-800-9NATURE / feelalive.com



Complete Multi-Vitamin To Help You Fill the Gaps

- 100% or more Daily Value of **19 vitamins & minerals**
- High potency **B vitamins** help convert food into energy*

Balanced for MEN
to support multiple body systems:



Energy*



Heart Health*



Muscle Function*



Eyes*



Cellular Health*



Immunity*

Keep out of reach of children. Safety sealed for your protection with printed inner freshness seal under child resistant bottle cap. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

GLUTEN FREE. Contains no salt, yeast, wheat, soy, dairy products, artificial colors, or flavors.

©2018 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Certified Organic by Quality Assurance International
Questions? 1-800-9NATURE / feelalive.com



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Garden Goodness™

Harvested for Your Health

1 SERVING OF
VEGGIES AND FRUITS*

Looking for a
way to get
more veggies
and fruits?

Alive!®'s blend helps
you discover the
magic of organic
kale, açai and
raspberry to boost
your daily intake.



*1.4 gm vegetable and fruit blend per serving. Each 2 tablet serving provides the equivalence of 1 cup of leafy greens (volume before drying). ChooseMyPlate.gov recommends 2 cups of fruit and 3 cups of veggies per day for a 2,000 calorie diet.

NEW!

Nature's Way

Alive!

Garden Goodness™

Men's
MULTI-VITAMIN

1 SERVING OF
VEGGIES AND FRUITS*

Made with organic
kale, açai and raspberry

60 TABLETS Multi-Vitamin Supplement

Recommendation: Take 2 tablets once daily, preferably with food. Not recommended for women or children. If taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Tablets / Servings per Container 30

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g <1%†
Total Sugars	<1 g **
Includes <1 g Added Sugars	2%†
Vitamin A (70% as retinyl acetate and 30% as beta carotene)	900 mcg 100%
Vitamin C (ascorbic acid)	90 mg 100%
Vitamin D (as cholecalciferol)	20 mcg 100%
Vitamin E (as d-alpha tocopheryl acetate)	22.5 mg 150%
Vitamin K (as phytonadione)	120 mcg 100%
Thiamin (Vitamin B1)	2.4 mg 200%
Riboflavin (Vitamin B2)	2.6 mg 200%
Niacin (Vitamin B3) (as niacinamide)	24 mg 150%
Vitamin B6 (as pyridoxine HCl)	3.4 mg 200%
Folate (Vitamin B9)	400 mcg DFE 100% (240 mcg Folic Acid)
Vitamin B12 (as cyanocobalamin)	7.2 mcg 300%
Biotin (Vitamin B7)	30 mcg 100%
Pantothenic Acid (Vitamin B5) (as calcium D-pantothenate)	7.5 mg 150%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc oxide)	13.7 mg 125%
Selenium (as sodium selenate)	96.2 mcg 175%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Organic Veggie and Fruit Blend:	1.4 g **
organic kale, organic açai, organic raspberry, organic apple, organic mango, organic blueberry, organic carrot, organic cranberry, organic strawberry, organic elderberry, organic cherry	
Lycopene	600 mcg **
Lutein	100 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: organic tapioca dextrose, organic carnauba wax, organic maltodextrin, organic sunflower lecithin, organic palm oil, organic guar gum

LBN2112.A01 BLK9114A



0 33674 12112 2