

Directions: As a dietary supplement, take two tablets on an empty stomach before bedtime.

From time to time most people have some difficulty falling and/or staying asleep. Sleep-Eze contains a blend of herbs, melatonin and magnesium to help promote relaxation, support the body's own sleep cycle, and simply help you to fall and stay asleep for a good night's rest.[†]

No gluten, sugar, salt, starch, yeast, corn, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Best if used by:



• SPECIALTY FORMULAS •

SLEEP-EZE™

ALL NATURAL SLEEP AID

*With Melatonin
& Theanine*



Naturally supports the
body's own sleep cycle[†]

60 tablets
dietary supplement

Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 30

	Amount Per Serving	%DV
Magnesium (Oxide)	200 mg	50
L-Theanine	200 mg	*
Melatonin	3 mg	*
Valerian root extract (0.8% valerenic acid)	500 mg	*
GABA (Gamma amino butyric acid)	250 mg	*
Passion Flower herb extract (min 1.6% flavonoids)	250 mg	*
Hops	100 mg	*
Succinic acid	250 mg	*
Griffonia simplicifolia extract (10% 5-HTP)	500 mg	*

* %Daily Value (DV) has not been established

Other Ingredients: Calcium Phosphate, Cellulose, Stearic Acid (Vegetable Source), Silica, Modified Cellulose, Magnesium Stearate (Vegetable Source).

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GMP Compliant Manufacturing