

Dietary Supplement

Trusted Since 1910



EXCLUSIVE FORMULA

START!™

Multi-Vitamin

+ ENERGY

GLUTEN FREE



WITH PANAX GINSENG

60 VEGE CAPSULES

Supplement Facts

Serving Size 2 Vege Capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin A (as acetate and beta carotene)	2333 IU	47%
Vitamin C (as ascorbic acid)	75 mg	125%
Vitamin D3 (as cholecalciferol)	600 IU	150%
Vitamin E (as d-alpha tocopheryl succinate)	22.4 IU	75%
Vitamin K (as phytonadione)	90 mcg	113%
Thiamin (Vitamin B-1)(as thiamine HCl)	1.1 mg	73%
Riboflavin (Vitamin B-2)	1.1 mg	65%
Niacin (Vitamin B-3)(as niacin)	14 mg	70%
Vitamin B-6 (as pyridoxine HCl)	1.5 mg	75%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	2.4 mcg	40%
Biotin	30 mcg	10%
Pantothenic acid (as d-calcium pantothenate)	5 mg	50%
Magnesium (as magnesium oxide)	320 mg	80%
Zinc (as zinc oxide)	6.8 mg	45%
<i>Panax ginseng</i> powder (root)	200 mg	†

† Daily Value not established.

OTHER INGREDIENTS: VEGETABLE CELLULOSE (VEGE CAP), RICE FLOUR, MAGNESIUM STEARATE VEGE GRADE, MODIFIED FOOD STARCH, ACACIA, SUCROSE HYDROXYPROPYL METHYLCELLULOSE, SODIUM ASCORBATE, MEDIUM CHAIN TRIGLYCERIDES, CORNSTARCH, DL-ALPHA TOCOPHEROL, SILICON DIOXIDE, ASCORBYL PALMITATE, MALTODEXTRIN.

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC., HOBART, IN 46342

Suggested Use: Take 2 vege capsules once daily, as a dietary supplement, or as directed by a physician.



Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.) Store in a dry, cool place.



KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327 • BotanicChoice.com

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