

Dietary Supplement  Trusted Since 1910

**BOTANIC
CHOICE®**

EXCLUSIVE FORMULA

START!™

**Multi-Vitamin
FOR MEN**

GLUTEN
FREE



WITH
ZINC



30 VEGE
CAPSULES

Supplement Facts

Serving Size 1 Vege Capsule

Amount Per Serving	% Daily Value	
Vitamin A (as acetate and beta carotene)	3000 IU	60%
Vitamin C (as ascorbic acid)	90 mg	150%
Vitamin D3 (as cholecalciferol)	600 IU	150%
Vitamin E (as d-alpha tocopheryl succinate)	22.4 IU	75%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (Vitamin B-1)(as thiamine HCl)	1.2 mg	80%
Riboflavin (Vitamin B-2)	1.3 mg	76%
Niacin (Vitamin B-3)(as niacin)	16 mg	80%
Vitamin B-6 (as pyridoxine HCl)	1.7 mg	85%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	2.4 mcg	40%
Biotin	30 mcg	10%
Pantothenic acid (as d-calcium pantothenate)	5 mg	50%
Magnesium (as magnesium oxide)	420 mg	105%
Zinc (as zinc oxide)	9.4 mg	63%

OTHER INGREDIENTS: VEGETABLE CELLULOSE (VEGE CAP), RICE FLOUR, MAGNESIUM STEARATE VEGE GRADE, MODIFIED FOOD STARCH, ACACIA, SUCROSE, HYDROXYPROPYL METHYLCELLULOSE, SODIUM ASCORBATE, CORNSTARCH, MEDIUM CHAIN TRIGLYCERIDES, DL-ALPHA TOCOPHEROL, SILICON DIOXIDE, ASCORBYL PALMITATE, MALTODEXTRIN.

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC., HOBART, IN 46342

Suggested Use: Take 1 vege capsule once daily, as a dietary supplement, or as directed by a physician.



Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

For your protection, this container has an outer safety seal.
(Do not accept if missing or broken.) Store in a dry, cool place.
KEEP OUT OF REACH OF CHILDREN
Any Questions? 1-800-644-8327 • BotanicChoice.com



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