

Recommendation: Take 3 capsules twice daily, preferably with food.

Warning: Do not use this product if pregnant, nursing or if you are attempting to become pregnant. If you have diabetes, or are taking any medications, consult a healthcare professional before use. People with diabetes should monitor blood glucose levels regularly.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal.

Contains no sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE / naturesway.com



◆ LN79200.E02 BLK8047E



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Blood Sugar Metabolism Blend^{*} *with Cinnamon & Gymnema*



90 Veg. Capsules / 6 Herb Blend

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Capsules / Servings per Container 30

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Vitamin A (as beta carotene from mixed carotenoids)	1,500 IU	30%
Cinnamon (<i>Cinnamomum aromaticum</i>) (bark)	400 mg	**
Gymnema (leaf) Extract standardized to 25% gymnemic acids (62.5 mg)	250 mg	**
Fenugreek (seed) Extract	210 mg	**
Bitter Melon (fruit) Extract	150 mg	**
Prickly Pear (leaf)	150 mg	**
Bilberry (leaf)	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate