1 Morning Program

Supplement Facts

Serving Size 4 Capsules, Servings Per Container 7

Amount Per Serving		% DV
Vitamin A (from natural beta carotene)	5,000 IU	100%
Vitamin C (from organic Amla [*Phyllanthus emblica*] berry extract)	60 mg	100%
Vitamin E (from organic Annatto seed extract)	30 IU	100%
Calcium (from organic *Algas calcareas*)	30 mg	3%
Magnesium (from organic *Algas calcareas*)	2.5 mg	<1%
Organic Goldenseal (*Hydrastis canadensis*)‡ root	550 mg	†
Organic Cranberry (*Vaccinium macrocarpon*)‡ fruit extract (standardized 0.6% [1.2 mg] anthocyanins)	200 mg	†
Organic Candida-Defense Support Blend Celery seed (*Apium graveolens*)‡, Parsley leaf (*Petroselinum crispum*)‡, Dandelion leaf (*Taraxacum officinale*)‡, Rhubarb root (*Rheum palmatum*)‡, Garlic bulb (*Allium sativum*)‡, Clove stem and flower bud (*Syzygium aromaticum*)‡	100 mg	†
Lactobacillus acidophilus (1 billion viable cells at time of manufacture)	72 mg	†

† Daily Value (DV) not established. ‡ Organic powder

Other ingredients: Pullulan prebiotic polysaccharides (from *Aureobasidium pullulans*), organic brown rice syrup solids, organic maltodextrin, organic carnauba wax.

2 Evening Program

Supplement Facts

Serving Size 4 Capsules, Servings Per Container 7

Amount Per Serving		% DV
Vitamin C (from organic Amla [*Phyllanthus emblica*] berry extract)	60 mg	100%
Chromium (from organic Moringa [*Moringa oleifera*] leaf extract)	120 mcg	100%
Organic *Gymnema sylvestre* leaf‡	600 mg	†
Organic Goldenseal (*Hydrastis canadensis*) root‡	200 mg	†
Organic Oregano (*Origanum vulgare*) leaf‡	75 mg	†
Organic Cinnamon (*Cinnamomum burmannii*) bark‡	50 mg	†
Organic Clove stem and flower bud (*Syzygium aromaticum*)‡	50 mg	†

† Daily Value (DV) not established. ‡ Organic powder

Other ingredients: Organic brown rice syrup solids, organic maltodextrin, organic carnauba wax, pullulan prebiotic polysaccharides (from *Aureobasidium pullulans*).

READ AND FOLLOW ALL DIRECTIONS ON PACKAGE INSERT.

1 Morning Program: Directions: Take 4 capsules each morning

2 Evening Program: Directions: Take 4 capsules each evening.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Vegetarian • Gluten Free. Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

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