



## 1 Morning Program

### Supplement Facts

Serving Size 4 Capsules, Servings Per Container 7

| Amount Per Serving                                                                                                                                                                                                                                                                   |          | % DV |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------|
| Vitamin A (from natural beta carotene)                                                                                                                                                                                                                                               | 5,000 IU | 100% |
| Vitamin C (from organic Amla [Phyllanthus emblica] berry extract)                                                                                                                                                                                                                    | 60 mg    | 100% |
| Vitamin E (from organic Annatto seed extract)                                                                                                                                                                                                                                        | 30 IU    | 100% |
| Calcium (from organic <i>Algas calcareas</i> )                                                                                                                                                                                                                                       | 30 mg    | 3%   |
| Magnesium (from organic <i>Algas calcareas</i> )                                                                                                                                                                                                                                     | 2.5 mg   | <1%  |
| Organic Goldenseal ( <i>Hydrastis canadensis</i> )† root                                                                                                                                                                                                                             | 550 mg   | †    |
| Organic Cranberry ( <i>Vaccinium macrocarpon</i> )‡ fruit extract (standardized 0.6% [1.2 mg] anthocyanins)                                                                                                                                                                          | 200 mg   | †    |
| <b>Organic Candida-Defense Support Blend</b>                                                                                                                                                                                                                                         | 100 mg   | †    |
| Celery seed ( <i>Apium graveolens</i> )‡, Parsley leaf ( <i>Petroselinum crispum</i> )‡, Dandelion leaf ( <i>Taraxacum officinale</i> )‡, Rhubarb root ( <i>Rheum palmatum</i> )‡, Garlic bulb ( <i>Allium sativum</i> )‡, Clove stem and flower bud ( <i>Syzygium aromaticum</i> )‡ |          |      |
| <i>Lactobacillus acidophilus</i> (1 billion viable cells at time of manufacture)                                                                                                                                                                                                     | 72 mg    | †    |

† Daily Value (DV) not established. ‡ Organic powder

Other ingredients: Pullulan prebiotic polysaccharides (from *Aureobasidium pullulans*), organic brown rice syrup solids, organic maltodextrin, organic carnauba wax.

## 2 Evening Program

### Supplement Facts

Serving Size 4 Capsules, Servings Per Container 7

| Amount Per Serving                                                |         | % DV |
|-------------------------------------------------------------------|---------|------|
| Vitamin C (from organic Amla [Phyllanthus emblica] berry extract) | 60 mg   | 100% |
| Chromium (from organic Moringa [Moringa oleifera] leaf extract)   | 120 mcg | 100% |
| Organic <i>Gymnema sylvestre</i> leaf‡                            | 600 mg  | †    |
| Organic Goldenseal ( <i>Hydrastis canadensis</i> ) root‡          | 200 mg  | †    |
| Organic Oregano ( <i>Origanum vulgare</i> ) leaf‡                 | 75 mg   | †    |
| Organic Cinnamon ( <i>Cinnamomum burmannii</i> ) bark‡            | 50 mg   | †    |
| Organic Clove stem and flower bud ( <i>Syzygium aromaticum</i> )‡ | 50 mg   | †    |

† Daily Value (DV) not established. ‡ Organic powder

Other ingredients: Organic brown rice syrup solids, organic maltodextrin, organic carnauba wax, pullulan prebiotic polysaccharides (from *Aureobasidium pullulans*).

#### READ AND FOLLOW ALL DIRECTIONS ON PACKAGE INSERT.

- 1 Morning Program: Directions:** Take 4 capsules each morning  
**2 Evening Program: Directions:** Take 4 capsules each evening.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**

**Vegetarian • Gluten Free.** Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

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