

MOOD AND RELAXATION*

FORMULA

SUGGESTED USE: Use only as directed. Take two (2) capsules with food and water once daily or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.



Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



CALM NOW®

SOOTHING STRESS FORMULA*

DIETARY SUPPLEMENT

60
VEGGIE
CAPSULES

SUPPLEMENT FACTS

Serving Size: 2 Vegetable Capsules • Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin B1 (as Thiamine HCl)	12 mg	800%
Vitamin B2 (as Riboflavin)	12 mg	700%
Niacin (as Niacinamide)	28 mg	140%
Vitamin B6 (as Pyridoxine HCl)	8 mg	400%
Vitamin B5 (as Calcium Pantothenate)	16 mg	160%
Magnesium (as Magnesium Oxide)	25 mg	6%
Zinc (as Zinc Oxide)	25 mg	160%
Calm Now® Botanical Blend	400 mg	**
Hawthorn Powder (berry), Lemon Balm Extract (whole plant), Passion Flower Extract (whole plant), Hops Extract (flower)		
Ashwagandha Powder (root)	200 mg	**
Rhodiola Rosea Extract (root)	200 mg	**
Bacopa Monnieri Extract (whole plant)	200 mg	**

** Daily Value (DV) not established.

OTHER INGREDIENTS: Rice Flour, Cellulose (vegetable capsule), Vegetable Magnesium Stearate.

CAREFULLY CRAFTED FOR

ZHOU NUTRITION®

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