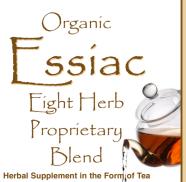
## Swanson\* Organic





Net Wt 4 oz (113 grams) • 4-1 oz. Packets

## **Supplement Facts**

Serving Size 4 Tablespoons Prepared Tea (2 fl oz)
Servings Per Container 72 (For Maintenance Use); 48 (For Aggressive Use)

Maintenance Use Aggressive Use Amount Per % Daily Amount Per % Da Serving Value Serving Valu

Essiac Proprietary Organic Herbal Complex 1.56 grams 2.33 grams (organic blassed thistle (Cnicus benedictus) (upper stems, leaves, tops), organic burdock (Arctium lappa) (root), organic sheep sorrel (Rumex acotosella) (whole plant), organic red clover (Trifolium pratense) (stem and leaves), organic slippery elm (Ulmus rubra muhl) (inner bark), organic watercress (Nasturtium officinale) (whole plant), organic kelp (Ascophyllum nodosum) (whole plant), organic mubarb (Rheum palmatum) (root)

\*Daily Value not established.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148



Certified Organic by QAI, San Diego Essiac Proprietary Eight Herb Formul license from Herbal Balance for Lice



Preparation: Boil 4½ cups (36 fl oz) of water in a stainless steel, glass or enamel pot. Do not use aluminum. Add one packet (1 oz) of Essiac Tea to boiling water and simmer for approximately 10 minutes, stirring occasionally. Remove from heat and allow to sit in the pot for 12 hours. Finally, stir and pour into a 1 quart glass container. Store in refrigerator for no longer than three weeks.

Suggested Use: Shake container prior to serving. As a dietary supplement, drink 4 tablespoons (2 fl oz) of prepared tea two times per day on an empty stomach. For aggressive use, drink 6 tablespoons (3 fl oz) three times per day on an empty stomach. Do not exceed 18 tablespoons (9 fl oz) per day.

WARNING: Do not take this product if you are pregnant or nursing or if you have or develop diarrhea, abdominal pain, or intestinal obstruction. Consult your healthcare provider before use if you are taking any prescription medications or if you have a medical condition, especially ulcers or kidney stones.

