



Vegetarian Formula

Alive!

Multi-Vitamin

MAX POTENCY

With Food-Based Blends

Orchard Fruits™ • Garden Veggies™
Daily Greens™ Blends (700 mg per serving)
Bioflavonoids • EFAs • Mushrooms • Herbs

Liquid Multi

CITRUS FLAVORED

DIETARY SUPPLEMENT • 30.4 FL OZ (1.9 Pt.) (900 mL)

Supplement Facts

Serving Size 2 Tablespoons (30 mL) / Servings per Container 30

Amount per Serving		% DV
Calories	60	
Total Carbohydrate	15 g	5%†
Total Sugars	7 g	**
Includes 7 g Added Sugars		14%†
Sugar Alcohol	6 g	**
Vitamin A (50% as retinol/ palmitate and 50% as beta carotene)	3,000 mcg	333%
Vitamin C (as calcium ascorbate)	500 mg	556%
Vitamin D (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acetate)	133 mg	887%
Vitamin K (as phytonadione)	80 mcg	67%
Thiamin (Vitamin B1)	25 mg	2083%
Riboflavin (Vitamin B2)	25 mg	1923%
Niacin (as nicotinic acid/ niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine HCl)	40 mg	2353%
Folate	668 mcg DFE (167% (400 mcg Folic Acid))	
Vitamin B12 (as cyanocobalamin)	200 mcg	8333%
Biotin	300 mcg	1000%
Pantothenic Acid (as d-calcium pantothenate)	125 mg	2500%
Choline (as choline bitartrate)	30 mg	5%
Calcium (as calcium ascorbate, d-calcium pantothenate)	118.6 mg	9%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium gluconate)	40 mg	10%
Zinc (as zinc gluconate)	15 mg	136%
Selenium (as L-selenomethione)	70 mcg	127%
Copper (from sodium copper chlorophyllin)	2 mg	222%
Manganese (as manganese sulfate)	4 mg	174%
Molybdenum (as sodium molybdate)	75 mcg	167%
Sodium	5 mg	<1%
Potassium (as potassium gluconate)	50 mg	1%

Amount per Serving		% DV
Daily Greens™ Blend	500 mg	**
Spirulina, Alfalfa (leaf, stem, flower), Barley Grass, Dandelion (aerial parts), Lemon Balm (leaf), Wheat Grass, Lemon Grass, Nettle (leaf), Blessed Thistle (stem, leaf, flower), Chlorella (micro-algae), Plantain (leaf), Blue Green Algae (<i>Aphanizomenon flos-aquae</i>) (whole plant), Cilantro (leaf)		
Orchard Fruits™ and Garden Veggies™ Blend: Orange, Blueberry, Carrot, Pomegranate, Plum, Strawberry, Pear, Apple, Beet, Raspberry, Cherry, Pineapple, Pumpkin, Cauliflower, Grape, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Pea, Spinach, Tomato	200 mg	**
Omega 3/6/9 Fatty Acid Blend Flax Seed Powder, Sunflower Seed Powder	100 mg	**
Organic Mushroom Mycelium Defense Blend: Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster Hiratake (<i>Pleurotus ostreatus</i>), Enokitake (<i>Flammulina velutipes</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Kewaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Grifola umbellata</i>)	100 mg	**
Citrus Bioflavonoid Complex (from lemon, orange, lime, tangerine and grapefruit) providing Hesperidin, Naringin, Narirutin, Eriocitrin and Flavones	60 mg	**
Eleuthero (root)	50 mg	**
Inositol	50 mg	**
Betaine HCl	25 mg	**
PABA (para-amino benzoic acid)	25 mg	**
Rutin (from <i>Sophora japonica</i> flower bud)	25 mg	**
Boron (as sodium borate)	1 mg	**
Lutein (from Aztec marigold)	200 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: purified water, fructose, sorbitol, malic acid, apple juice concentrate, natural flavor, potassium sorbate (preservative to maintain freshness), xanthan gum, silica

MAX POTENCY • LIQUID ALIVE!®

Complete, nutrient diverse Alive!® multi with food-based blends:

- **Orchard Fruits™/Garden Veggies™ blend**
- **Daily Greens™ blend providing amino acids**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**
- **Contains no yeast, wheat, milk, or artificial colors.**



RECOMMENDATION: Shake well. As a dietary supplement, take 1 capful or 2 Tablespoons (about 30 mL) once daily. Best when taken with food or immediately after a meal. Can be consumed alone or mixed into beverages such as water, orange juice or smoothies. **Keep out of reach of children.** Safety sealed with outer shrink-sleeve over bottle cap and printed inner seal. Do not use if either seal is broken or missing. Keep tightly closed and store in a cool place. Refrigerate after opening.

WARNING: Not for use by pregnant or nursing women. Do not take with sulfonamide since PABA interferes with the activity of this drug. If taking any medication, or have high blood pressure, consult a healthcare professional before use. Persons with allergies to plants of the *Asteraceae* (*Compositae*) family, including ragweed, should use this product with caution. This product contains the amino acid phenylalanine.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Helps support:



Bones*



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Cells*



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Digestion*



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Hair/Skin/Nails*